



OCTOBER 2026

Woestina Elementary School

NYS 1% White Milk, Fruit & Veggies Serve Daily
All Grain are served Whole Grain Daily
Menu Subject to change!
The institution is an equal opportunity provider.

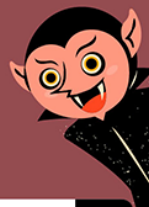
Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Nuggets 4 ea.

1 ½ m/a & 1 grain
BBQ Dipping Sauce 2 oz.
Whole Grain Dinner Roll 1 oz.
Seasoned Corn ½ cup
Fruit ¼ cup

Taco Salad

Taco Turkey Meat 2 oz. M/M/A
Tostitos Chips 1 oz.
Lettuce 4 oz. cup
Salsa cup 2 oz.
Sour Cream & Cheese Cup
Fruit ¼ cup

French Bread Pizza

2 oz. m/m/a, 2 oz. grain &
1/8 cup r/o veg
Tossed Salad 1 cup
w / LF Italian Dressing 1 oz.
Fruit ¼ cup

Mac & Cheese 4 oz.

1 oz. grain & 1/m/a
Whole Grain Bread Stick 1 oz.
Steamed Broccoli ¼ cup
Fruit ¼ cup

Mozzarella Sticks 4 ea.

1 ½ m/a & 1 grain
Marinara Dipping Sauce ½ cup
Green Beans ¼ cup
Fruit ¼ cup

No School Columbus Day

National School Lunch Week
October 12–16, 2026

Chicken Popcorn 8 ea.

1 ½ oz. m/a & 1 oz. grain
BBQ Dipping Sauce 2 oz.
WG Pretzel 1 oz.
Fresh Carrots ½ cup
w/LF Ranch Dip 1oz
Fruit ¼ cup

Personal Pan Pizza

2 oz. m/a, 2 oz. grain &
1/8 cup r/o veg
Tossed Salad 1 cup
w / LF Italian Dressing 1 oz.
Fruit ¼ cup

Fish Sticks 4 ea.

1 oz. grain & 2 m/a
Smile Fries ¼ cup
Tarter Sauce 1 oz.
Fruit ¼ cup

Chicken & Cheese Quesadilla

2 oz. M/A & 2 Grain
Refried Beans ½ cup
Salsa cup 2 oz.
Sour Cream cup 1 oz.
Fruit ¼ cup

Chicken Tender 3 ea.

2 m/a & 1 grain
BBQ Dipping Sauce 2 oz.
Whole Grain Bread Stick 1 oz.
Fresh Carrots ¼ cup w LF Ranch Dip
1 oz

French Toast Sticks 3 ea.

1 oz. m/a & 1 oz. grain
Syrup Cup 1 oz.
Crispy Potato Tots ¾ cup
Turkey Sausage Patty 1 oz.
Fruit ¼ cup

Homemade Cheese Pizza

2 oz m/m/a, 2 oz grain &
1/8 cup r/o veg
Tossed Salad 1 cup
w / LF Italian Dressing 1 oz.
Fruit ¼ cup

No Lunch

Early Dismissal
Grades Pre K – 5 Grade

Breakfast Only!

No School

Dellavalle Farm Class Trip

Chicken Nuggets 4 ea.

1 ½ m/a & 1 grain
BBQ Dipping Sauce 2 oz.
Whole Grain Cheese its ¾ oz.
Seasoned Corn ½ cup
Fruit ¼ cup

Big Daddy's Cheese Pizza

2 oz m/a, 2 oz grain &
1/8 cup r/o veg
Tossed Salad 1 cup
w / LF Italian Dressing 1 oz.
Fruit ¼ cup

No School Grades Pre K – 5 Grade

Orange Asian Chicken 8 ea.

1 ½ oz. m/a & 1 oz. grain
Brown Rice ¼ cup
Steamed Broccoli ¼ cup
Fruit ¼ cup

French Fry Boat ¾

Topped with Meat 2 oz. &
Cheese Sauce 1 oz.
Fresh Veggie ¼ cup w/LF Ranch Dip
1 oz.
Fruit ¼ cup

Available Daily: Grab n Go Bags w/Smucker's PB Uncrustable w/String Cheese (OR) Strawberry Ban Bash LF Trix Yogurt 4 oz. Cup w/String Cheese Stick, Whole Grain Cheese-its or Whole Grain Dinner Roll NEW! Cheese Only, Ham or Turkey w/or without Am. Cheese Sandwiches on WG Bread offered daily!

All Students can receive one (FREE) Breakfast & one (FREE) Lunch Daily!