



SEPTEMBER 2026

Woestina Elementary School

NYS 1% White Milk

Fruit or 100% Juice cup Served Daily with Every FREE Meal

This Institution is an equal opportunity Provider.

Monday

Tuesday

Wednesday

Thursday

Friday

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2

3

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Get in touch with the
Schalmont Café's / Woestina Café'
Food Service Office
Maria Zarrillo
518 355-1342 x 5069
mzarrillo@Schalmont.net

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***Happy Labor Day! ***

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Welcome!
Pre ~K Students
For Heathy Food, Leaning & Fun!

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*Let's power up with
Breakfast at School!*

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*Friends, let's enjoy our
breakfast together😊*

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16

Cereal Grab N Go Bag
1% White Milk
Juice Cup or Fruit

17

Pancakes
Syrup Cup
1% White Milk
Juice Cup

18

WG Donut Day!
1% White Milk
Juice Cup or Fruit

21

Cereal Grab N Go Bag
1% White Milk
Juice Cup or Fruit

22

Whole Grain Bagel
w/Cream Cheese
1% White Milk
Juice Cup or Fruit

23

Trix Yogurt Cup
Whole Grain Graham Crackers
1% White Milk
Juice Cup or Fruit

24

Whole Grain Muffin Day!
1% White Milk
Juice Cup or Fruit

25

Maple Mini Waffles
Syrup Cup
1% White Milk
Juice Cup

28

Cereal Grab N Go Bag
1% White Milk
Juice Cup or Fruit

29

Trix Yogurt Cup
Whole Grain Graham Crackers
1% White Milk
Juice Cup or Fruit

30

Egg & Cheese
On Whole Grain English Muffin
1% White Milk
Juice Cup or Fruit

All Students can receive one (FREE) Breakfast Daily!