



JANUARY 2026

Schalmont Middle School & Jefferson Elementary School

NYS MILK
Fresh & Canned Fruit Serve Daily
Menu Subject to change
This institution is an equal opportunity

Monday

Tuesday

Wednesday

Thursday

Friday

5
Chicken Nuggets
Whole Grain Cheez Its
BBQ Sauce
BBQ Baked Beans
Fresh Carrots w/ Lite Ranch Dressing

6
Mozzarella Sticks
Marinara Sauce Dip
Mixed Veggies
Fresh Celery w/ Lite Ranch Dressing

7
Personal Pan Pizza
Tossed Salad w/Lite Italian Dressing
Tomato Slice w/ Lt. Ranch Dressing

8
No School
Holiday Recess

9
No School
Holiday Recess

12
Chicken Popcorn
Whole Grain Dinner Roll
BBQ Sauce
Buttery Corn
Fresh Carrots w/ Lite Ranch Dressing

13
Taste of Italy!
Baked Cheese Lasagna
w/ Whole Grain Baked Garlic Knot
or Chicken Parmesan Sandwich
Italian Green Beans
Cucumber Salad w/ Lite Italian Dressing

14
Homemade Cheese Pizza
Tossed Salad w/Lite Italian Dressing
Tomato Slice w/ Lt. Ranch Dressing

15
Mini Pancakes
Crispy Potato Tots
Syrup Cup
Sausage Patty
Fresh Celery w/ Lite Ranch Dressing

16
Early Dismissal
Breakfast Only!
NO Lunch /Pre-K & K-5th grade
Buffalo Chicken Wrap
Fresh Shredded Lettuce
Cheddar Cheese, Baked Fries
Mixed Veggies w/ Lite Ranch Dressing

19
No School
Martin Luther
King Jr. Day

20
Chicken Tenders
Whole Grain Pretzels
BBQ Sauce
Seasoned Green Peas
Fresh Carrots w/ Lite Ranch Dressing

21
Big Daddy's Cheese Pizza
or
Big Daddy's Buffalo Chicken Pizza
Tossed Salad w/Lite Italian Dressing
Tomato Slice w/ Lt. Ranch Dressing

22
General Tso Chicken
Brown Rice & Steam Broccoli
Celery Sticks w/ Lite Ranch Dressing

23
Wild Mike's Cheese Bite's
Marinara Sauce Dip
Cinnamon Glazed Carrots
Mixed Veggies w/ Lite Ranch Dressing

26
Chicken Nuggets
Whole Grain Goldfish Cracker
BBQ Sauce
Seasoned Green Beans
Fresh Carrots w/ Lite Ranch Dressing

27
French Fry Boat
Topped w/ Meat & Cheese Sauce
Fresh Celery w/ Lite Ranch Dressing

28
French Bread Pizza
Tossed Salad w/Lite Italian Dressing
Tomato Slice w/ Lt. Ranch Dressing

29
Warm Toasted Cheese Sandwich
Tomato Soup w/ Wheat Crackers
Cucumber Coins w/ Lite Ranch Dressing

30
Baked Breaded Fish Sticks
Fresh Coleslaw
Homemade Tartar Sauce
Mixed Veggies w/ Lite Ranch Dressing
or Mixed Veggies w/ Hummus Cup

Available Daily: Tuna, Cheese or Turkey, Ham w/or without Cheese on Whole Grain Bread or GF Bread, Grab n go Bags w/ Uncrustable w/String Cheese, Cheez- it's or Whole Grain Dinner Roll (or)
Trix Yogurt Cup w/Cheese Stick, Whole Grain Cheez- its & Whole Grain Dinner Roll & Chef w/LF Dressing & Whole Grain Roll or GF Dinner Roll & Homemade Croutons or GF Tossed Salad & GF Wrap or GF Roll

All Students can receive one (FREE) Breakfast & Lunch Daily!