

NOVEMBER 2025

Schalmont High School

NYS MILK
Fresh & Canned Fruit Serve Daily Menu
Subject to change
This institution is an equal opportunity

Monday
Tuesday
Wednesday
Thursday
Friday

Chicken Tenders
Whole Grain Dinner Roll
Baked French Fries
Fresh Carrots
w/ Lite Ranch Dressing

3

General Tso Chicken
Brown Rice
Steam Broccoli
Celery Sticks w/ Lite Ranch Dressing

4

Bagel Pizza
Tossed Salad w/Lite Italian Dressing
Tomato Slice
w/ Lite Ranch Dressing

5

Toast Cheese & Ham Sandwich
Whole Grain Bread
Tomato Soup
Cuke Coins w/ Lite Ranch Dressing

6

Wild Mike's Cheese Bite's
Marinara Sauce Dip
Italian Green Beans
Mixed Veggies
w/ Lite Ranch Dressing

7

Chicken Nuggets
Whole Grain Cheez its
Baked Crispy Potato Tots
Fresh Carrots
w/ Lite Ranch Dressing

10

**Veterans Day
No School**

11

Homemade Cheese Pizza
Tossed Salad w/Lite Italian Dressing
Tomato Slice
w/ Lite Ranch Dressing

12

Walking Tacos
RF Doritos Chip
Topped w/ Cheese, Salsa
Sour Cream Cup
Corn & Black Bean Salad
Pepper Sticks w/Lt. Ranch Dressing

13

Pizza Cruncher
Marinara Sauce Dip
Peas & Carrots
Mixed Veggies
w/ Lite Ranch Dressing

14

Popcorn Chicken
Whole Grain Pretzel
Green Beans
Fresh Carrots
w/ Lite Ranch Dressing

17

Sabre Mac Cheese Burger
on Whole Grain Roll
Corn
Cuke Coins w/ Lite Ranch Dressing

18

Personal Pan Pizza
Tossed Salad w/Lite Italian Dressing
Tomato Slice
w/ Lite Ranch Dressing

19

French Toast Sticks
Crispy Potato Tots
Syrup Cup
Turkey or Pork Sausage Patty
Mixed Veggies
w/ Lite Ranch Dressing

20

Hot Turkey Dinner
Mashed Potato
Turkey Gravy
Whole Grain Corn Bread
Apple Crisp
Celery Sticks w/ Lite Ranch Dressing

21

Chicken Tenders
Whole Grain Goldfish Crackers
Spiral Fries
Fresh Carrots
w/ Lite Ranch Dressing

24

Asst. Pizza Day
Tossed Salad w/Lite Italian Dressing
Tomato Slice
w/ Lite Ranch Dressing

25

**Thanksgiving Recess
No School**

26

**Thanksgiving Recess
No School**

27

**Thanksgiving Recess
No School**

28

Available Daily - Sabre Warp Bar, Cheeseburger & Rich Chicks Chicken Patty on Whole Grain Roll, Asst. Big Daddy's Cheese Pizza & Bagels w/ Cream Cheese Grab 'n Go Bags w/ Uncrustable w/Cheez-Its and/or Whole Grain Dinner Roll & String Cheese Stick, Chef w/LF Dressing & Whole Grain Roll & Homemade Croutons or GF Tossed Salad, GF Wrap

All Students can receive one (FREE) Breakfast & Lunch Daily!