



# SEPTEMBER 2025

## Woestina Elementary School

NYS 1% White MILK  
All Grains Served are Whole Grains  
Menu Subject to change  
The institution is an equal opportunity provider

Monday

Tuesday

Wednesday

Thursday

Friday

1

**\*Happy Labor Day!\***

2

*Fresh Fruit  
Or  
Asst. Canned Fruit Cup  
Offered Daily!*

3



4

It's as EASY as 1, 2, 3!  
Online Payment  
At  
[www.Linqconnect.com](http://www.Linqconnect.com)

5

Get in touch with the  
Schalmont Café's / Woestina Café  
Food Service Office  
Maria Zarrillo  
518-355-1342 ext. 5069  
[mzarrillo@Schalmont.net](mailto:mzarrillo@Schalmont.net)

8

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9

Welcome!  
Pre ~K Students  
For Heathy Food, Leaning & Fun!

10

Stuffed Crust Pizza  
Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

11

Chicken Nuggets  
BBQ Dipping Sauce  
Whole Grain Dinner Roll  
Seasoned Green Beans  
Fresh Carrots w/LF Ranch Dip

12

French Toast Day!  
Syrup Cup  
Crispy Potato Tots  
Turkey Sausage Patty  
Mixed Veggies w/LF Ranch Dip

15

Chicken Popcorn  
BBQ Dipping Sauce  
Whole Grain Goldfish Cracker  
Seasoned Broccoli  
Fresh Carrots w/LF Ranch Dip

16

Hot Dog on a  
Whole Grain Bun  
Baked Beans  
Celery Sticks w/LF Ranch Dip

17

French Bread Pizza  
Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

18

Chicken Patty on  
Whole Grain Roll  
Oven French Fries  
Fresh Cukes w/LF Ranch Dip

19

Toasted Cheese Sandwich  
Seasoned Carrots  
Mixed Veggies w/LF Ranch Dip

22

Chicken Tender  
BBQ Dipping Sauce  
Whole Grain Pretzels  
Seasoned Green Peas  
Fresh Carrots w/LF Ranch Dip

23

Warm Bagel Day!  
Cream Cheese Cup  
Crispy Potato Tots  
Turkey Sausage Patty  
Fresh Celery w/LF Ranch Dip

24

Homemade Cheese Pizza  
Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

25

Cheese Beef Burger or Burger  
Whole Grain Roll  
Buttery Corn  
Celery Sticks w/LF Ranch Dip

26

Bosco Day!  
Marinara Dipping Sauce  
Seasoned Carrots  
Mixed Veggies w/LF Ranch Dip

29

Chicken Nuggets  
BBQ Dipping Sauce  
Whole Grain Cheez Its  
Seasoned Mixed Veggies  
Fresh Carrots w/LF Ranch Dip

30

Ham Sandwich  
on Whole Grain Bread  
with or without Am. Cheese  
Seasoned Green Beans  
Fresh Celery w/LF Ranch Dip

Available Daily: Grab n go Bags w/Smucker's PBJ Uncrustable w/String Cheese, Cheez- its or Whole Grain Dinner Roll (or)  
Strawberry Ban Bash LF Trix Yogurt 4 oz. Cup w/String Cheese Stick, Whole Grain Cheez- its & Whole Grain Dinner Roll  
All Students can receive one (FREE) Breakfast & Lunch Daily!