

Schalmont Middle School
PE/ Health Class Supply Lists
2025-2026

Physical Education (Gr. 5-6):

- Athletic Sneakers (No Crocs, No Vans, or Slip-ons)
- T-shirt and/or sweatshirt
- Athletic shorts/pants or sweatpants
- Water bottle (with secure lid)

Physical Education (Gr. 7-8):

- Athletic Sneakers (No Crocs, No Vans, or Slip-ons)
- T-shirt and/or sweatshirt
- Athletic shorts/pants or sweatpants
- Deodorant
- Water Bottle (with secure lid)

Health Class (Grade 6 & 8 Only):

- Refillable water bottle
- Fully charged chromebook
- Earbuds/Headphones(very inexpensive and portable)
- Pens/Pencils