

# MAY 2025

## Schalmont High School

NYS MILK  
Fresh & Canned Fruit Serve  
Daily Menu Subject to change  
The institution is an equal opportunity provider

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**
**Cinco de Mayo**

Soft Tacos  
Salsa, Cheese & Sour Cream Cup  
Fiesta Corn  
Fresh Shredded Lettuce  
Fresh Carrots w/LF Ranch Dip

Chicken Nuggets  
BBQ Dipping Sauce  
Whole Grain Warm Pretzel  
Seasoned Carrots  
Fresh Celery w/LF Ranch Dip

Bagel Cheese Pizza  
or Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

Grilled Chicken Club  
on Whole Grain Roll  
Bacon, Lettuce & Sliced Tomato  
Baked Onion Rings  
Fresh Cukes w/LF Ranch Dip

Fish on Whole Grain Roll  
Crispy Spicy Spiral Fries  
Mixed Veggies w/LF Ranch Dip

Popcorn Chicken  
BBQ Dipping Sauce  
Whole Grain Cheez its  
Green Beans  
Fresh Carrots w/LF Ranch Dip

Chicken & Cheese Quesadilla  
Salsa & Sour Cream Cup  
Roasted Peppers & Onions  
Fresh Celery w/LF Ranch Dip

Cheese Stuffed Crust Pizza  
or Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

Bread Chicken Sandwich  
Spicy Mayo Sauce, Pickle Chips  
Lettuce & Sliced Tomato  
Seasoned Roasted Potato Wedges  
Fresh Cukes w/LF Ranch Dip

Wild Mike's Cheese Bites  
or Pizza Cruncher  
Marinara Dipping Sauce  
Buttery Corn  
Mixed Veggies w/LF Ranch Dip

Chicken Tenders  
BBQ Dipping Sauce  
Whole Grain Twisted Cheese Stick  
Corn  
Fresh Carrots w/LF Ranch Dip

**Coney Dog Day!**  
Hot Dog on  
Whole Grain Roll  
Topped w/ Meat Sauce  
Cheese Sauce  
Fresh Celery w/LF Ranch Dip

Asst. Pizza Day!  
or Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

Bosco Sticks  
Marinara Dipping Sauce  
Seasoned Green Beans  
Mixed Veggies w/LF Ranch Dip

**Memorial Day Recess  
No School**

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Chicken Nuggets  
Whole Grain Jalapeno  
Cheese Pretzels  
BBQ Dipping Sauce  
Mixed Veggies  
Fresh Carrots w/LF Ranch Dip

Homemade Cheese or  
Pepperoni Pizza  
or Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

BBQ Pork  
Whole Grain Corn Bread  
Baked Beans  
Fresh Peppers w/LF Ranch Dip

Mac & Cheese  
Whole Grain Bread Stick  
Seasoned Broccoli  
Mixed Veggies w/LF Ranch Dip

Available Daily - Sabre Warp Bar, Cheeseburger & Rich Chicks Chicken Patty on Whole Grain Roll, Asst. Big Daddy's Cheese Pizza & Bagels w/ Cream Cheese Grab 'n Go Bags w/ Uncrustable w/Cheez-Its and/or Whole Grain Dinner Roll & String Cheese Stick, Chef w/LF Dressing & Whole Grain Roll & Homemade Croutons or GF Tossed Salad, GF Wrap

**Free Breakfast & Lunch to all Students Daily**