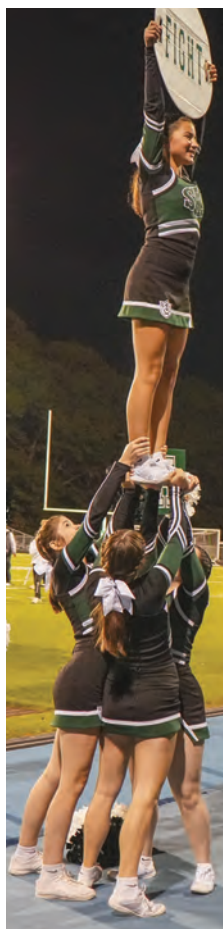




Schalmont

CENTRAL SCHOOL DISTRICT NEWSLETTER

FALL 2024



Schalmont PRIDE at HOMECOMING



There were plenty of smiles and Sabre Pride at Schalmont's Homecoming in October!

On a beautiful fall day, our community came together to cheer their Sabres in afternoon soccer and volleyball games. Students offered food and items to stay warm at booths, raising money for their clubs.

For the Friday night football game, Youth Cheer and Football teams raised the energy as they screamed "Let's Go Sabres!" as the team took the field. Recent alumni joined players on the sideline and helped

the Concert Choir sing the National Anthem.

Thank you to everyone who came out for Homecoming to make it such a memorable day!

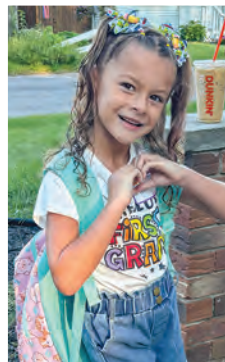


Schalmont Welcomes Back Students

Schalmont schools were excited to open our doors once again to welcome our students in September.

Hundreds of families shared their wonderful first day of school photos with Schalmont, which we shared with our community through our website, Facebook and Instagram accounts.

Thank you to all our families for sharing your photos that helped build such excitement for the new school year!



WELCOME BACK



Firefighters Teach Fire Safety



The South Schenectady Fire Department helped keep our students safe again this year with their Fire Prevention Day visit in October.

Firefighters spent the school day speaking with grades K-2 about fire safety, including important reminders like knowing their family's meeting place if there is a fire.

Showing students how they put on equipment, firefighters also reassured the young children that

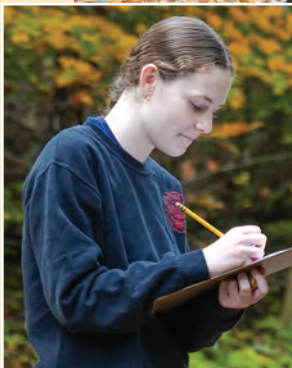


they weren't so scary when they're behind the masks. Firefighter high-fives were particularly effective.

Of course, the most popular part for students was walking through the fire truck! ***Thank you to our firefighters for all you do to keep our community safe.***



Riverwatch Club Tests Stream Ecology



Schalmont's Riverwatch Club tested the health of a local stream this fall during a field trip to Pattersonville.

High School students visited the Sandseakill where they measured physical aspects of the water (including speed and depth), water chemistry (such as dissolved oxygen), and searched for aquatic invertebrates (small animals living in the stream).

Students compared water samples from the stream above and below a NYS

Thruway overpass to determine whether runoff from the highway affected the stream's health. Their results showed the stream was not affected. Students return in the spring to retest and compare results.

Science Teacher Mr. Labuda explained students were conducting the same type of tests that the NYS Department of Environmental Conservation does on tributaries like the Sandseakill, which feeds into the Mohawk River.



Recess Fun on a Warm Fall Day

IS THERE ANYTHING BETTER THAN RECESS ON A SUNNY DAY?

Our Jefferson Elementary students sure seem to think it's the best, especially during the first few weeks of school when a break on the playground is just the thing to recharge.

Looking great, students!



Learning About Clubs & Activities

Middle School students learned about the clubs and activities available to them during the annual Club Fair.

During school lunches, School Counselors Mrs. Romano and Mrs. Schrepper talked with students about opportunities such as A/V Tech Club, Sabre Nation, and the always popular Chef's Club.

Students also learned more by speaking with club advisors to determine which activities best fit them. Families are encouraged to contact their student's counselor if they ever have any questions.



Pep Rally Builds Excitement

Schalmont High School's gym was rocking for this year's Pep Rally as students cheered for their teams and classes during fun competitions.

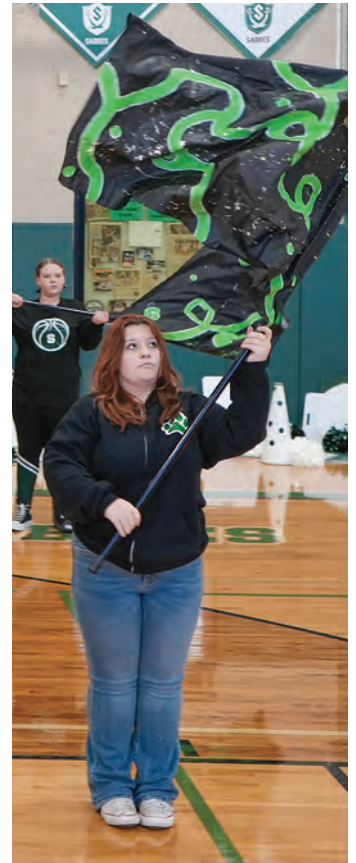
Sophomores pulled off a rare upset in the

tug-of-war, drawing surprised cheers from students filling the bleachers as they defeated seniors in a final match.

Games like musical chairs and "Mr. Beck

Says" also brought students to their feet along with performances by the Cheer Team, Marching Band, Color Guard and Concert Choir.

Great job, students!





Exploring Career Pathways

Eighth graders enjoyed exploring careers during a field trip to Career Jam Explore this fall.

The annual event held at Hudson Valley Community College offers opportunities for students to explore career pathways by engaging with business and trade professionals through interactive activities.

Students got in front of a TV camera, tried on clean suits, sat behind the controls of heavy equipment, and enjoyed other hands-on opportunities.



HANDS-ON LEARNING IN SCIENCE

There's been plenty of hands-on learning in 7th and 8th grade science classes to start the year!

Challenged to tackle questions like how does a lava lamp work, Middle School students explore science concepts while having fun.

The lessons also help students develop their researching and lab skills as they record observations of their work while working with pipettes and other instruments.



Volunteering at Patroon Land Farm

Science Honor Society students enjoyed a field trip to the Patroon Land Farm this fall where they helped prepare a field for planting in the spring.

Managed by the Regional Food Bank, the Patroon Land Farm supplies fresh produce for the Food Bank's programs to feed the hungry and helps educate students and the community about agriculture.

Schalmont High School students volunteered by removing rocks from a field, which also helps keep the farm's equipment in working

order. The students' help was important to the Land Bank, which relies on volunteers to help its efforts.



Raising Awareness for Suicide Prevention

Schalmont students, faculty and staff were at school before dawn in October to raise awareness about suicide prevention and mental health.

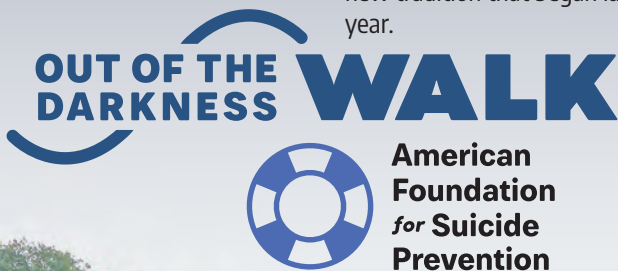
The Out of the Darkness Walk was organized by Schalmont High School's SADD Chapter, a new tradition that began last year.

Arriving at Schalmont Field on a cold, dark fall morning, students walked around the track until after the sun rose. The walk represents the journey that those affected by depression take and their path from darkness to light.

The event also raised money for the American Foundation

for Suicide Prevention, which encourages similar walks across the country to raise awareness, particularly among young people as suicide is the third leading cause of death among people ages 15-24.

Amazing job, students!





Schalmont CENTRAL SCHOOL DISTRICT
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FALL 2024 NEWSLETTER



SABRE FIELD LOOKING BETTER THAN EVER

SCHALMONT'S HEAD GROUNDSKEEPER TONY SARCHIOTO SHARED THIS AMAZING DRONE PHOTO OF SABRE FIELD HE TOOK JUST BEFORE HOMECOMING.

THANK YOU TO OUR AWESOME FACILITIES TEAM WHO ALWAYS MAKES SCHALMONT LOOK SO SPECIAL!

PICTURE DAY FOR GUNNER

Schalmont students weren't the only ones putting on their best smiles for Picture Day this fall!

Gunner the Therapy Dog couldn't resist posing for his annual yearbook photo. Who could say no to that smile and wagging tail?!

