

NOVEMBER 2024

Schalmont Middle & Jefferson Elementary

NYS Milk
 Fresh & Canned Fruit Serve Daily
 Menu Subject to Change
 The institution is an equal opportunity provide

Monday

Tuesday

Wednesday

Thursday

Friday



Pizza Crunchers **1**
 Marinara Dipping Sauce
 Green Beans
 Mixed Veggies w/LF Ranch Dip
No School K-5th Grade

4
 Chicken Tenders
 BBQ Dipping Sauce
 Whole Grain Goldfish Pretzels
 Broccoli
 Fresh Carrots w/LF Ranch Dip

5
 Hot Dog on
 Whole Grain Roll
 French Fries
 Fresh Celery w/LF Ranch Dip
Grade K-5th Early Dismissal

6
 Personal Pan Pizza or
 Gluten Free Pizza
 Tossed Salad w/ LF Italian Dressing
 Tomato Wedges w/LF Ranch Dip

7
 Chicken & Cheese Quesadilla
 Sour Cream & Salsa Cup
 Corn & Black Beans Salad
 Pepper Sticks w/LF Ranch Dip

8
 Warm Whole Grain Bagel
 Cream Cheese Cup
 Side of Turkey Bacon
 Cinn. Maple Carrots
 Mixed Veggies w/LF Ranch Dip

11
Veterans Day
No School

12
 Chicken Nuggets
 BBQ Dipping Sauce
 Whole Grain Goldfish
 Corn
 Fresh Carrots w/LF Ranch Dip

13
 Big Daddy's Pizza or
 Gluten Free Pizza
 Tossed Salad w/ LF Italian Dressing
 Tomato Wedges w/LF Ranch Dip

14
 French Toast Sticks
 Sausage Patty
 Tater Tots
 Syrup Cup
 Cuke Coins w/LF Ranch Dip

15
 Bosco Sticks
 Marinara Dipping Sauce
 Green Beans
 Mixed Veggies w/LF Ranch Dip

18
 Popcorn Chicken
 BBQ Dipping Sauce
 Whole Grain Dinner Roll
 Buttery Corn
 Fresh Carrots w/LF Ranch Dip

19
 Whole Grain Corn Dog
 on Stick
 Cheesy Broccoli
 Fresh Celery w/LF Ranch Dip

20
 Stuffed Crust Pizza or
 Gluten Free Pizza
 Tossed Salad w/ LF Italian Dressing
 Tomato Wedges w/LF Ranch Dip

21
 Chicken Patty
 on Whole Grain Roll
 Mixed Veggies
 Cuke Coins w/LF Ranch Dip

22
 Hot Turkey Dinner
 Mashed Potato w/Gravy
 Whole Grain Dinner Roll
 Cranberry Sauce
 Green Beans
 Mixed Veggies w/LF Ranch Dip

25
 Chicken Tenders
 BBQ Dipping Sauce
 Whole Grain Breadstick
 Corn
 Fresh Carrots w/LF Ranch Dip

26
 Asst. Cheese Pizza Day
 or
 Gluten Free Pizza
 Tossed Salad w/ LF Italian Dressing
 Tomato Wedges w/LF Ranch Dip

27
Thanksgiving Recess
No School

28
Happy Thanksgiving
Day From
All of Us at Schalmont
Food Service
No School

29
Thanksgiving Recess
No School

Available Daily- Tuna, Cheese or Turkey, Ham w/or without Cheese on Whole Grain Bread Grab n go Bags w/ Uncrustable w/String Cheese, Cheez- its or WG Dinner Roll (or) Trix Yogurt Cup w/Cheese Stick, WG Cheez- its & WG Dinner Roll Chef w/LF Dressing & Whole Grain Roll & Homemade Croutons or GF Tossed Salad & GF Wraps
 Free Breakfast & Lunch to all Students Daily!