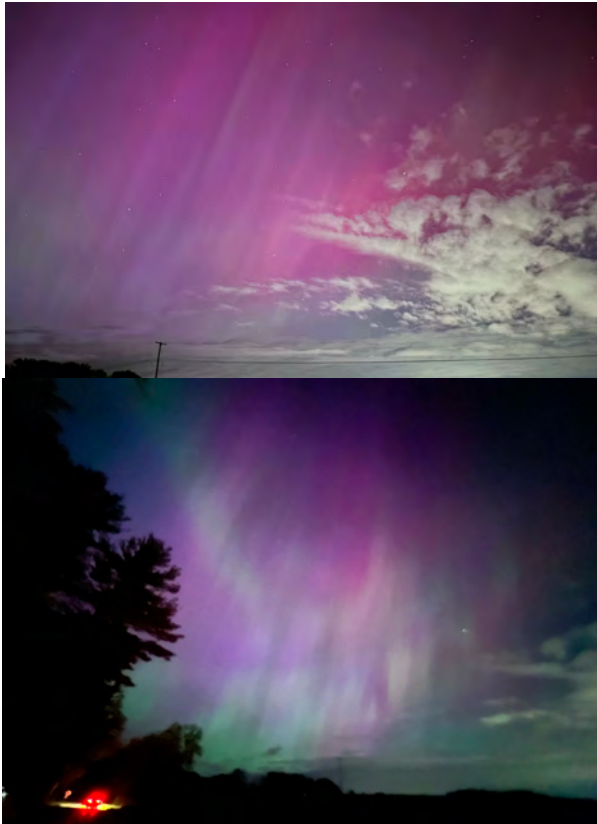


THE SABRE'S EDGE

Stunning Lights

Throughout the beginning of May, the Northern Lights were visible to many around the State. These lights are created by charge particles launched along Earth's magnetic field and colliding with gasses in Earth's upper atmosphere. These photos were taken by Alexandra Mulyca who captured a beautiful view of the lights.



**SCHALMONT
SABRES**

Summer 2024

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IMPORTANT DATES

- No School - 5/24/24 & 5/27/24
- Last Day of HS Classes - 6/12/24
- Graduation Walk - 6/12/24
- Senior Picnic - 6/12/24
- June Exams -6/4/24 & 6/13/24 - 6/26/24
- Fourth Quarter Grades Due - 6/27/24
- Graduation - 6/27/24

YOUR VOICE

Poverty is an issue in the United States. No matter where you live it affects all parts of the country from urban to rural. Many people live without food, water, no place to live and women struggle with pregnancy.

According to the *University of Minnesota*, there are more than 1.4 billion desperately poor people across the world who live in very bad conditions, Such as aids, malaria, starvation, and other deadly diseases. Many of the people who catch any of these diseases end up dying because they don't have medicine to get better. They do not have access to any medicine that is in every CVS, Rite Aid, and Walgreens in the United States.

The University of Minnesota also states that a lot of women struggle with giving birth. Whether it's from diseases or not getting enough nutrition. More than 500,000 women die worldwide from complications during pregnancy or giving birth. Women's deaths usually result from inadequate prenatal nutrition, disease and illness, and inferior obstetrical care, all are much more common in poor nations rather than wealthy nations.

According to *Wikipedia* the United States poverty has both social and political implications. In 2020 there were 37.2 million people in poverty, the majority of adults living in poverty are employed and have at least a high school education. Even though they have jobs they're not making enough money to support their family with food and a house. If anyone gets sick they can not afford to get help from medicine or even doctors. If all people in poverty had places to go for help poverty would not be as big of an issue as it is. This supports that there are many people in poverty who need some help getting back on their feet.



Nataly Peña

INTERVIEW WITH MRS. RYDER

Maddy: Where were you born

Mrs. Ryder: Schenectady New York

Maddy: Where did you go to school?

Mrs. Ryder: Russell Sage College, Sage Graduate School, Syracuse University

Maddy: How many years have you been at Schalmont?

Mrs. Ryder: I started as a student in 1974 and have been teaching here for 32 years so it will be 50 years from start to finish.

Maddy: What clubs and activities have you been in charge of at Schalmont?

Mrs. Ryder: Modified softball coach, Modified soccer coach, Student Council for 22 years, and class advisor.

Maddy: What are your favorite memories of working at Schalmont?

Mrs. Ryder: There was never a dull moment of my job, I've loved the different students I have met, having an opportunity to influence all of the sport successes throughout the years, Taking the kids all over the place to different field trips like Washington DC, The Capitol, New York City, and all of the memories with the staff that have become friends

Maddy: Do you enjoy teaching the Syracuse Courses?

Mrs. Ryder: Yes I love teaching the courses and her favorite course to teach is policy studies.

Maddy: What do you do in your free time when she's not teaching?

Mrs. Ryder: Pickleball and I am an avid cyclist.

Maddy: What are your plans for retirement?

Mrs. Ryder: I am going to purchase an RV with my husband and we are going to travel to all the National Parks and all 50 states. -I also want to go around the Mediterranean and knock off my bucket list Turkey and the pyramids.



INTERVIEW WITH MRS. RYDER

Maddy: If you could do it all over again would you decide to pick teaching again.

Mrs. Ryder: Yes, I love my job. I don't regret a day of it.

Maddy: What profession would you pick other than teaching?

Mrs. Ryder: If I was to go back and do it again I would probably be a lobbyist or possibly a politician.

Maddy: Did you ever have another job other than teaching?

Mrs. Ryder: I had a few of them. I was an account assistant and I hated it. I was locked up in an office looking for errors accounts made and it was drudgery. It was so boring I hated that job. I was a fitness instructor part time while I was teaching. I loved that job because they paid me to work out. I used to instruct people how to work out and got paid to do a workout myself. Getting paid to train people was fun.

Maddy: What do you hope your legacy will be?

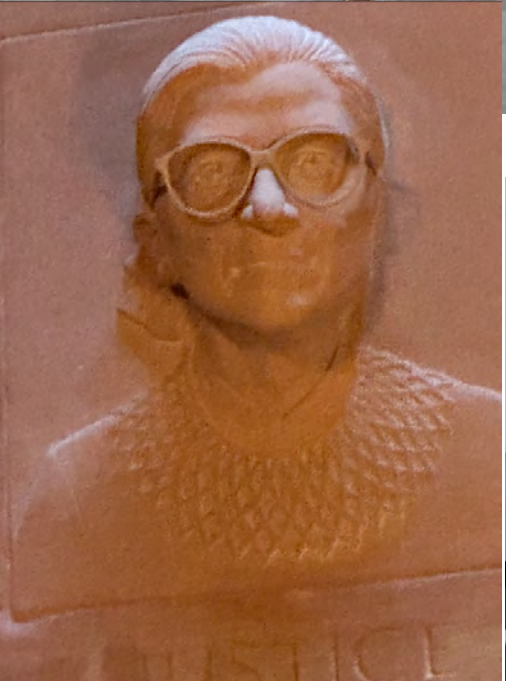
Mrs. Ryder: That I made the community better.

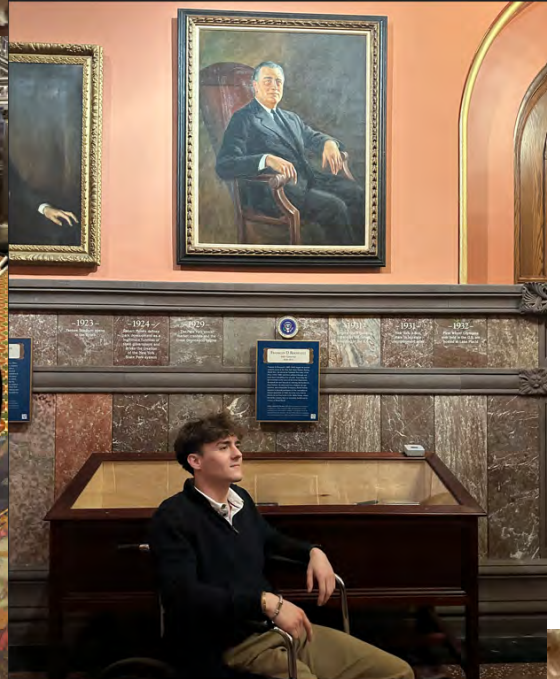
Maddy: What are you going to miss about Schalmont?

Mrs. Ryder: The people- the kids and the people



GOVERNMENT FIELD TRIP TO THE CAPITOL





BEECHNUT TRIP



SAFETY
Is The Priority
QUALITY
Is The Standard

Our Plant Has Worked

88:88 Days

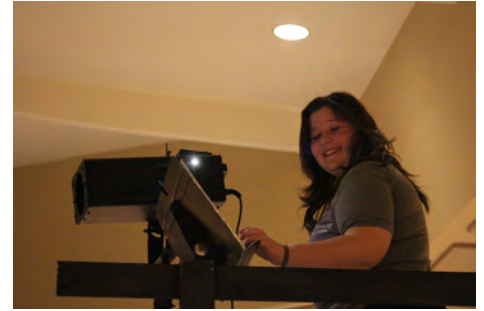
Without A Recordable Injury

Accidents
Are Preventable!

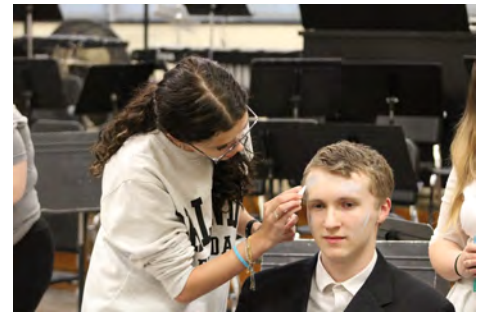
QIG- Day 3



Schalmont Drama Club Presents The Addams Family Musical



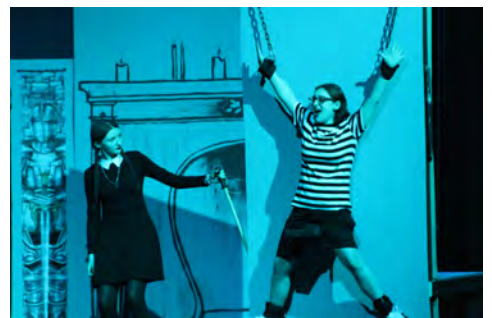
Students have worked hard from the beginning of January to put on a star striking performance this April. The backstage



workers were crucial in putting on makeup and getting props in the correct position.



Congratulations to all performers and workers for their hard work on this thrilling and comedic production!



A RECIPE TO SHARE

Homemade Soft Pretzels

Ingredients:

- 1 and ½ cups of warm water
- 2 and ¼ teaspoons instant or dry active yeast
- 1 teaspoon salt
- 1 Tablespoon brown or granulated sugar
- 1 tablespoon unsalted butter
- 3 and ¾ cups all purpose flour
- Coarse salt for sprinkling



Baking Soda Bath:

- ½ cup baking soda
- 9 cups water



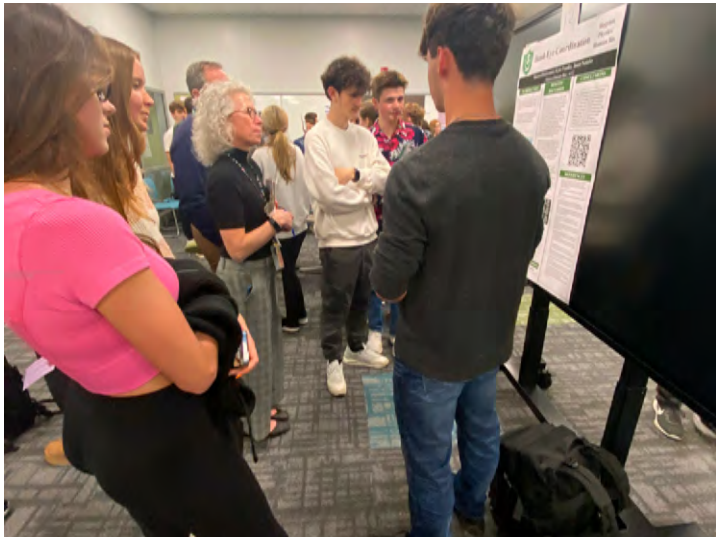
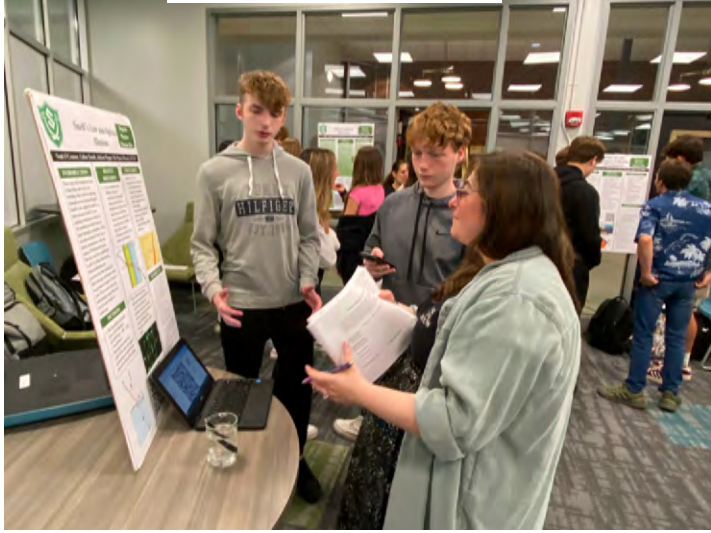
INSTRUCTIONS

- First whisk the yeast into warm water
- Allow to sit for 1 minute
- Whisk in salt, sugar, and melted butter
- Add flour and mix until the dough is thick
- Knead dough for 3 minutes and shape into a ball
- Cover the dough lightly with a towel and let it rest for 10 minutes
- Cut the dough into one third cup sections
- Roll the dough into 20 to 22 in ropes and fold into a pretzel shape
- Bring baking soda and 9 cups of water to a boil
- Place the pretzels into the boiling water for 20 to 30 seconds
- Salt your pretzels

Bake in a 400° F oven for 12 to 15 minutes



Science Symposiums



Organized by Mrs. Baird and Ms. Remis, the Regents Physics and Human Biology students collaborated together in groups of three to study the connection between human anatomy, biology, and the connection to physics. They study light and optics in the interactions humans have with light. Students pretend on Friday April 12th in the Commons to faculty staff, other students and each other.



SABRE PRIDE



Here at Schalmont everyone is required to learn something new everyday. This time the Schalmont's Sabre Tooth Tiger hopped into Ms. Cohen's English 12 Class to get his daily 10 minutes of reading in. If Schalmont's mascot can learn while showing school spirit, then you can too!

SCIENCE HONOR SOCIETY

We had induction for NYS Science Honor Society on 4/18. Congratulations to all the new members!

Daniel Hughes , Michael Falance, Peyton Schrom, Aubrey Birch, Leah Paquette, Davis Johnson, Cameron Cox, Addison McCanne, Abigail Stubbs, Abigail Hughes, Charles Moran, Connor Hughes, Spencer Moreau, Kyle Laribee, Jack Zieber, Zara Kushner, Addison Shultis, Justin Vandenburg, Caelyn Eiser and Alexandra Middelkoop



ARBOR DAY



TIME TO DRESS UP



On Friday May 17th the Schalmont Junior and Senior Prom took place. The walk-in was a huge success with many parents showing up to see their children all dressed up. Many beautiful dresses were on display along with stunning tuxedos. The prom was hosted at Franklin Plaza where the venue was filled with loud, happy and excited students throughout the night. Congratulations to all attendees, everyone looked fantastic!



VISIT FROM A LOCAL AUTHOR



On May 14th, Schalmont aspiring writers were given the opportunity to learn the process of writing a book from the author of "Dangerous Plays", Emma Kress. Kress provided a great opportunity for the writers to brainstorm ideas and gave them a start on their own stories with no pressure involved. The students had a great time sharing their funny, inspiring and creative ideas with each other. Thank you Emma for providing a great and amazing experience!



LETTER FROM THE EDITOR

Dear Schalmont Community,

This year was a blast working on the Sabre's Edge with Ms. Cohen and Ms. Schulman. I had so much fun working on the paper and arranging photos that highlighted all of the exciting events held this year. I also loved reading all of the articles that students submitted, as those contributions helped educate all of us and expand our outlook on the world. I would like to thank Ms. Cohen and Ms. Schulman for helping me and encouraging me to join the Sabre's Edge. I also want to thank everyone who contributed articles, opinions, recipes and other news that has impacted our school and community this year. Nothing is ever made up of one single idea or belief, it's the combination of multiple frames of reference that allow us to reach our full potential. My goal and promise to everyone who reads the Sabre's Edge is to provide a newspaper that contains many different ideas and opinions to make a beautiful, intellectual and proud piece of work that everyone can benefit from. Have an amazing summer and see you next year!

Sincerely,

Ian Bernardi



Regents and Final Scheduled

Schalmont High School Examination Schedule: June 2024

Tuesday June 4	Thursday June 13	Friday June 14	Monday June 17	Tuesday June 18	Wednesday June 19	Thursday June 20	Friday June 21	Monday June 24	Tuesday June 25	Wednesday June 26
8:00 a.m.	8:00 a.m.	8:00 a.m.	No Exams	8:00 a.m.	No Exams	8:00 a.m.	8:00 a.m.	8:00 a.m.	8:00 a.m.	8:00 a.m.
Algebra I Regents Exam Gym 2	English 9 Final Exam Gym 2	English Regents Exam Library	Exam Rating	US History Regents Exam Gym 2	No School	Earth Science Regents Exam Gym 2	Geometry Regents Exam Gym 2	Algebra II Regents Exam Gym 2	Physics Regents Exam Gym 2	No Exams Exam Rating
	English 10 Final Exam Gym 1	English 12 Final Exam Gym 2		Global Studies 9 Final Exam Gym 1						
	12:00 p.m.	12:00 p.m.		12:00 p.m.		12:00 p.m.	12:00 p.m.	12:00 p.m.	12:00 p.m.	
	Economics Final Exam Gym 2	Living Environment Regents Exam Gym 2		Global History Regents Exam Gym 2		Chemistry Regents Exam Gym 2	Check Point B Spanish 3 Gym 2	No Exams Exam Rating	No Exams Exam Rating	
	English 11 Final Exam Library									

Universal Admission Deadlines for Regents Exams

Morning Exams: 10:00 am
 Afternoon Exams: 2:00 pm
 Conflict Room: Room 75

Release Time for Local Exams

All local exams are scheduled for 1.5 hours, unless otherwise requested. Student can be released after 1 hour.