

Monday

Tuesday

Wednesday

Thursday

Friday

6
Chicken Nuggets
BBQ Dipping Sauce
Whole Grain Dinner Roll
Cheesy Broccoli
Fresh Carrots w/LF Ranch Dip

7
Mixed Sub
on Whole Grain Roll
Ham, Turkey & Cheese
Baked Chips
Pickles Coins

8
French Bread Pizza
Tossed Salad
w/ LF Italian Dressing
Tomato Wedges
w/LF Ranch Dip

9
Beef Nachos
Topped w/Cheese Sauce
Salsa, Sour Cream Cup
Roasted Chick Peas
Fresh Celery w/ LF Ranch Dip

10
Hot Dog on Roll
Baked Beans
Fresh Veggie Sticks
w/LF Ranch Dip

13
Popcorn Chicken
BBQ Dipping Sauce
Whole Grain Cheez Itz
Green Beans
Fresh Carrots w/LF Ranch Dip

14
Sloppy Joe's
on Whole Grain Roll
Corn
Fresh Celery Sticks
w/LF Ranch Dip

15
Homemade Cheese Pizza
Tossed Salad
w/ LF Italian Dressing
Tomato Wedges
w/LF Ranch Dip

16
Cheese Burger & Burger
on Whole Grain Roll
Pickles, Lettuce & Tomato Slices
Homemade Pasta Salad
Fresh Cuke's w/LF Ranch Dip

17
Buffalo Chicken Wrap
Lettuce & cheese
Oven Fries
Fresh Mixed Veggies
w/LF Ranch

20
Chicken Tender
BBQ Dipping Sauce
Whole Grain Dinner Roll
Corn
Fresh Carrots w/LF Ranch Dip

21
French Toast Sticks
Sausage Patty
Syrup Cup
Tatar Tots
Fresh Celery Sticks w/LF Ranch Dip

22
Asst. Cheese Pizza
Tossed Salad
w/ LF Italian Dressing
Tomato Wedges
w/LF Ranch Dip

23
Mozzarella Sticks
Marinara Dipping Sauce
Seasoned Green Beans
Fresh Mixed Veggies
w/LF Ranch Dip

24
No School

27
Memorial Day
No School

28
Chicken Nuggets
BBQ Dipping Sauce
Whole Grain Cheez Itz
Broccoli
Fresh Carrots w/LF Ranch Dip

29
Big Daddy's Pizza
Tossed Salad
w/ LF Italian Dressing
Tomato Wedges
w/LF Ranch Dip

30
Burrito Rice Bowl
Chicken, Cheese & Beans
Corn
Salsa & Sour Cream Cup
Fresh Green Peppers
w/LF Ranch Dip

31
Chicken Patty
on Whole Grain Roll
Spiral Fries
Fresh Cuke Coins w/LF Ranch Dip

Available Daily- Tuna, Cheese or Turkey, Ham w/or without Cheese on Whole Grain Bread Grab n go Bags w/ Uncrustable w/String Cheese, Cheez its or WG Dinner Roll (or)Trix Yogurt Cup w/Cheese Stick, WG Cheez its & WG Dinner Roll Chef w/LF Dressing & Whole Grain Roll & Homemade Croutons or GF Tossed Salad Schalmont Middle School -Available Daily: WG Bagel w/ Cream Cheese or WG Pretzel w/ CHOBANI Greek Yogurt

Free Breakfast & Lunch to all Students Daily!