



# MARCH 2024

Schalmont Middle School & Jefferson Elementary

Monday

Tuesday

Wednesday

Thursday

Friday

4  
Popcorn Chicken  
BBQ Dipping Sauce  
Whole Grain Corn Bread  
Peas & Carrots  
Fresh Carrots w/Ranch Dip

5  
Mozzarella Sticks  
Marinara Dipping Sauce  
Seasoned Green Beans  
Fresh Celery Sticks  
w/ LF Ranch Dip

6  
Big Daddy's Pizza  
Tossed Salad  
w/ LF Italian Dressing  
Tomato Wedges  
w/LF Ranch Dip

7  
Chicken Patty on  
Whole Grain Roll  
Buttery Corn  
Fresh Cuke Coins  
w/ LF Ranch Dip

1  
Fish Sticks or  
Fish on a Whole Grain Roll  
w/Cheese  
Tartar Sauce Cup  
Cinn. Glaze Carrots  
Fresh Mixed Veggies w/Ranch Dip

8  
Fish Sticks  
Tartar Sauce Cup  
Spiral Fries  
Fresh Mixed  
Veggies w/Ranch Dip

11  
Chicken Tender  
BBQ Dipping Sauce  
Whole Grain Cheez Itz  
Corn  
Fresh Carrots w/Ranch Dip

12  
Hot Dog on  
Whole Grain Roll  
Baked Beans  
Fresh Celery Sticks  
w/Ranch Dip

13  
French Bread Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

14  
Bosco Sticks  
Marinara Dipping Sauce  
Seasoned Green Beans  
Fresh Veggie Sticks  
w/ LF Ranch Dip

15  
Staff Development Day  
**NO SCHOOL**

18  
Chicken Nuggets  
BBQ Dipping Sauce  
Whole Grain Dinner Roll  
Broccoli Topped w/  
Cheese & Turkey Bacon  
Fresh Carrots w/Ranch Dip

19  
Cheese Burger & Burger  
on Whole Grain Roll  
Corn  
Fresh Celery Sticks  
w/Ranch Dip

20  
Homemade Cheese Pizza  
Tossed Salad  
w/ LF Italian Dressing  
Tomato Wedge  
w/LF Ranch Dip

21  
BBQ Pork  
w/ Mac & Cheese Side  
Whole Grain Corn Bread  
BBQ Baked Beans  
Fresh Cold Slaw  
Fresh Green Pepper w/Ranch Dip

22  
Fish Stick or Fish  
On a Whole Grain Roll w/ Cheese  
Tartar Sauce Cup  
Tarter Tots  
Fresh Mixed Veggies  
w/Ranch Dip

25  
Popcorn Chicken  
BBQ Dipping Sauce  
Whole Grain Pretzel Bites  
Corn  
Fresh Carrots w/Ranch Dip

26  
Meatball Sub  
Top w/ Mozzarella Cheese  
Italian Green Beans  
Fresh Celery Sticks  
w/ LF Ranch Dip

27  
Personal Pan Pizza  
Tossed Salad  
w/ LF Italian Dressing  
Tomato Wedges  
w/LF Ranch Dip

28  
Chicken Taco  
Lettuce, Salsa, Cheese &  
Sour Cream Cup  
Refried Beans w/ Cheese  
Mixed Veggies w/Ranch Dip

29  
Spring Recess  
**NO SCHOOL**  
Good Friday

Available Daily- Tuna, Cheese or Turkey, Ham w/or without Cheese on Whole Grain Bread Grab n go Bags w/ Uncrustable w/String Cheese, Cheez its or WG Dinner Roll (or) Trix Yogurt Cup w/Cheese Stick, WG Cheez its & WG Dinner Roll Chef w/LF Dressing & Whole Grain Roll & Homemade Croutons or GF Tossed Salad Schalmont Middle School -Available Daily: WG Bagel w/ Cream Cheese or WG Pretzel w/ CHOBANI Greek Yogurt

**Free Breakfast & Lunch to all Students daily!**

Assorted NYS Milk Fresh & Canned Fruit Served Daily

Menu Subject to Change

The institution is an equal opportunity