

**Schalmont Middle School**  
**PE/ Health Class Supply Lists**  
**2023-2024**

Physical Education (Gr. 5-6):

- Athletic Sneakers (No Crocs, No Vans, or Slip-ons)
- T-shirt and/or sweatshirt
- Athletic shorts/pants or sweatpants
- Water bottle

Physical Education (Gr. 7-8):

- Athletic Sneakers (No Crocs, No Vans, or Slip-ons)
- T-shirt and/or sweatshirt
- Athletic shorts/pants or sweatpants
- Deodorant
- Water Bottle

Health Class (Grade 6 & 8 Only):

- Refillable water bottle
- Fully charged chromebook
- Earbuds/Headphones(very inexpensive and portable)
- Pens/Pencils
- 2 pocket Plastic folder with prongs
- Loose leaf