

SCHALMONT HIGH SCHOOL

THE SABRE'S EDGE



AN OVERALL VIEW OF OUR
2022-2023 SABRE EDGE
SCHOOL YEAR

INSIDE THIS ISSUE

A Year in Review..... 1-2

Prom Time.....2-3

Your Voice..... 4-5

Career Fair/Senior Top 10%..... 6

In&Out of the Classroom.....8

College Decision Day & Senior Spirit Week.....9

Outside the Classroom this Spring.....10

Pet Pride Month.....11-15

For the Love of Cool Math.....16

A Recipe to Share 17

Restaurant Review.....18

Interview with Mrs. Gibbs.....19

Farewell from 2023 Editors.....20

IMPORTANT DATES

- Last day of classes- 6/12
- Graduation Walk - 6/9
- Senior Picnic - 6/12
- June Final Exam and Regents Week - 6/13- 6/22
- Graduation - 6/23



**SCHALMONT
SABRES**



YOU CAN DANCE IF YOU WANT TO ...

Prom Time!

On May 12th, the Schalmont Junior and Senior Prom took place. The walk-in was a huge success with many parents showing up to see their children all dressed up. Many elegant dresses were on display along with dashing tuxedos. The prom was hosted at The Glen Sanders Mansion where the students danced, laughed, and talked throughout the night. Congratulations to all attendees, everyone looked stunning!

By Ian Bernardi



YOU CAN DANCE IF YOU WANT TO ...



YOUR VOICE

“Guardians of the Galaxy Volume 3” takes viewers on a roller coaster ride of emotions as humor, action, and heartache are all blended together to create a movie that perfectly concludes the trilogy directed by James Gunn. The action scenes are well designed and well executed with interesting camera angles but they are only so enticing because James Gunn develops an in-depth understanding of each character and why they are fighting throughout the course of the movie. The themes of family and loss are illuminated by the soundtrack that is brought to the forefront just like all the other Guardians installments. The outstanding acting by Chris Pratt, Bradley Cooper, Dave Bautista, and Pom Klementieff immerses the audience into the space adventure even further than prior Marvel projects. The movie is two hours and thirty minutes long but it never felt boring because each scene either pushed the plot forward or dissected a character and their motives. This movie was crucial for Marvel as a franchise as they had under performed with their previous projects and this movie was highly anticipated by the Marvel fandom. Marvel and Disney have also had to deal with the increasing Marvel fatigue felt by fans following the conclusive nature of Avengers Endgame. Overall the movie was an 8.5 out of 10 and concluded a story that began 9 years ago with a movie that introduced us to new and exciting characters that were not known by many. All of the characters endured a large change throughout the movie at the expense of the audience’s emotional state. I could watch this movie over and over again and I would recommend it to anyone, even if they do not like superhero movies because this movie stands apart from the rest when it comes to movies that fall under that category.

- Jason Natalie



Submit your poems and artwork for Introspection Magazine to Mrs. Mattice and earn English Honor Society service credit.

Ode to Aphrodite

Rise from the sea foam

My beautiful goddess of love

Sing that tender song of passion and affection

And let waves of pleasure wash over

I see your song in the swans that fly along

In the roses that twist and turn in the fields

And in the young couples with infatuation in their eyes

Watching the love you bring I can't help but wonder

Why not me too?

- Augusta Cooper



YOUR VOICE

The Misconception of Pitbulls

Many people have a fear about being attacked by a dog, specifically by the American Staffordshire Terrier otherwise known as the Pitbull. Pitbulls are portrayed as a vicious dog breed with the strongest jaw that will not release once it has a grip. However, the odds of getting bit by any other dog breed is the same. Pitbulls are actually considered the second friendliest and most tolerant dog breed in the world right behind the Golden Retriever. If a pitbull does attack it's usually the result of human error, such as a child harassing the dog until it snaps. In most places in the US if a stray pitbull is found it usually has 5 days to be claimed or it is euthanized. Pit bulls are commonly used in dog fighting and are commonly neglected and abused by their owners. If a Pitbull attacks a human 9/10 times it is by a blue nosed-pitbull who is recognized by their silver/blue fur. Pit bulls with these "blue genes" are more viscous than their red nosed counterparts, but that is a result of bad breeding. Blue nosed pitbulls are the most desired type of pitbull and are the most expensive type of pitbull because of their coat leading to many irresponsible humans backyard breeding these incredible dogs. The blue nosed pitbull is not bred for the calm and loyal pitbull traits. The breeders just grab the best looking pitbulls who typically have the most viscous tendency just to use for breeding resulting in the birth of a litter that also possesses these viscous traits. The misconception of the vicious tendency needs to end, because pit bulls are sweet, strong, resilient, and loyal dogs who usually won't attack except as a result of blatant human actions. -Hope Kasowski



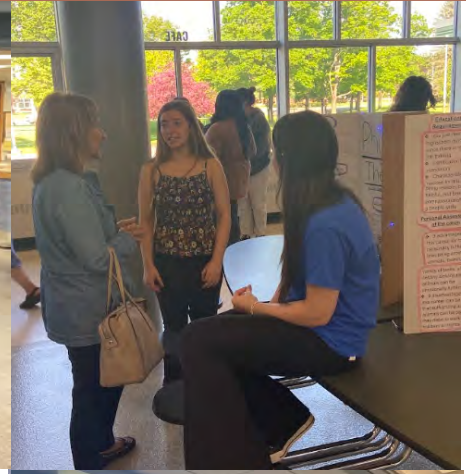
Dina Santabarbara

This April, I was lucky enough to go to Italy on a soccer trip for my brother. At the beginning of the trip, we went to several different places to see what Italy is like. This is a picture of Lake Como in the town of Como, in northern Italy. For five euros, we were able to take a funicular (cable car) to the top of one of the small mountains surrounding it, giving us this gorgeous view. We were also able to take an hour-long boat tour on the lake. During this tour, we were told about the different towns located around the lake. There are also many villas on the lake, including George Clooney's vacation home, which was pointed out to us during our tour. I am so glad I got to go on this trip, and I hope I am able to take more trips like this in the future.



- Zara Kushner

CAREER FAIR



Schalmont High School students shared careers that interested them as part of their Career and Financial Management class. Professionals from the community attended the event. Students shared details that they found when researching the careers.



SENIOR TOP 10% STUDENTS ARE CELEBRATED



On May 25th, seniors in the Top 10% of the Class of 2023 were recognized for their accomplishments. Each student picked an individual who had the greatest impact on their academic success. Students wrote a speech about the person they chose and read it at the ceremony.

The logo for the 2023 class of graduates. It features the year "2023" in a large, bold, yellow font. Above the "0" is a black graduation cap. Below the year, the words "class of" are written in a smaller, black, cursive font. At the bottom, the words "CONGRATULATIONS GRADUATES!" are written in a bold, black, sans-serif font.

IN THE CLASSROOM

Mrs. Stearns' Civil Engineering Architecture class recently completed their final design project. The site used was 30 acres on Phillip's Road. The students worked in groups and proposed developments such as parks, a sports complex, a paintball facility, a skate park and family centered community areas.

The winning groups were first place Ella McDonald and Aidan McTague for their design of "Harvest Square". Second place went to Dan Beyer and Kierra Schager for "Phillips Park" and third place went to David Cafarelli, Conrad McGarry, and William Schaffer for "Activity Acres".



LOCAL AUTHOR VISITS HIGH SCHOOL

Local author Mandy McHugh visited the Schalmont H.S. library where she spoke to English classes about her experiences and journey of becoming an author and publisher. She answered lots of students questions about her recent novel, routines as a writer, and advice she had for those who have developed a love for writing and books!



**Thank you for
coming and
inspiring our
students!**

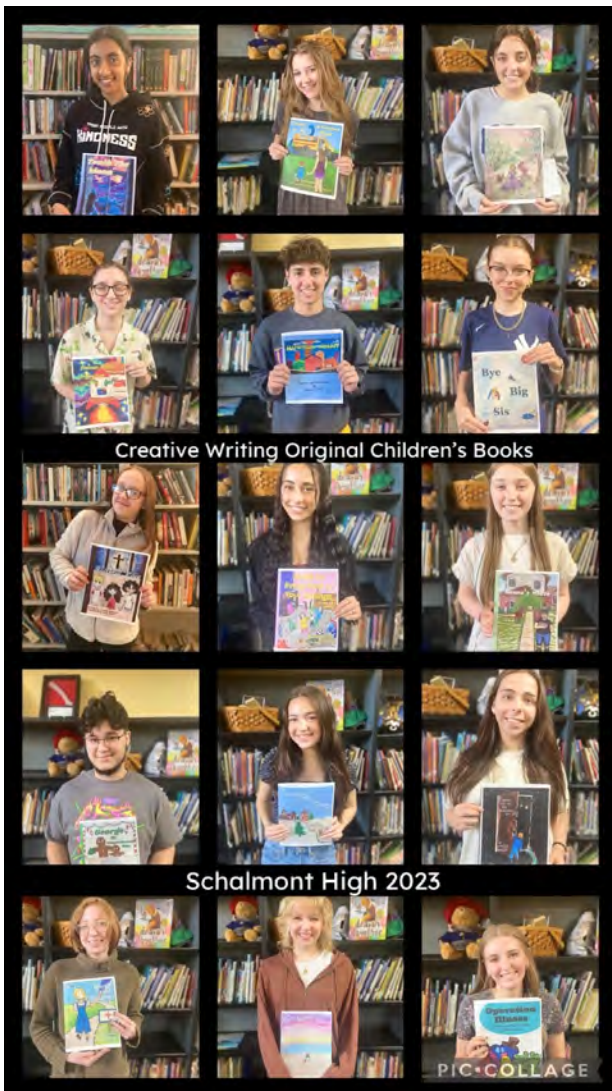


IN AND OUT OF THE CLASSROOM

Schalmont Seniors Bring Their Stories to Jefferson Library

This year students in Mrs. Mattice's Creative Writing class wrote their own children's stories. As a class, we studied the craft of various children's published writing, met with published children's authors, and practiced effective writing structure, illustration pairings, and story-telling techniques. After completing their drafts, students then shared their stories with Mrs. Mulkerrin's Advanced Drawing and Painting II classes for a real-world publishing project. Students in the art classes then created original covers for the stories. After writing, editing, and rewriting their stories, students were finally able to go to Jefferson Elementary and share their stories with the younger kids. After reading to over 350 students, students felt the rewards of having younger children react with praise to their stories. While there many students ventured off to various classrooms, bonded with students and reminisced on the memories of walking through those same halls many years ago, the students enjoyed their time and many even said it was one of the best days of their year. As someone who was there, reading a story I personally wrote it felt rewarding to share my ideas and make these kids smile. Some kids in Ms. Wood's class even pulled out their own writer's notebooks and were excited to share their stories with us after they heard about our project.

-Jamie Greene



COLLEGE DECISION/WORKFORCE DAY

On May 1st, Schalmont Seniors celebrated what their next chapter after high school would entail. Students wrote their names and future plans on the lunchroom windows, and wore shirts and merchandise displaying their future college, or workforce title. Congratulations to all the graduating seniors, and best of luck on your future plans and endeavors. Schalmont will always be a home to you.



SENIOR SPIRIT WEEK PICTURES



Monday: Decision Day

Thursday: Superhero Day

On May 1st through May 5th seniors had the opportunity to dress up for spirit week!

Tuesday: Senior Citizen Day

Friday: Senior T-Shirt/Schalmont Day

Wednesday: Childhood (Backpack) Day

OUTSIDE OF THE CLASSROOM THIS SPRING...



The students shown above were representing Schalmont at the recent Colonial Council Youth Sportsmanship summit. The annual event at Thatcher Park brings together student athletes, and coaches, who are considered leaders in their school communities. These students were commended for their academics and sportsmanship. Congratulations!



The Current Affairs seniors advocated for a last trip to Yankee Stadium after learning about history of sports in Mr. Dolan's class. Students were excited to experience a Yankee game on Tuesday, May 23rd, where the Yankees took a win over the Orioles 6-5. Aaron Judge tied the 9th inning with a home run, leading to an extended inning where the Yankees took the lead. It was a great night to be at the ballpark.

The Schalmont Physics class took a trip to Six Flags New England, where they enjoyed a fun day at the park. Students did several projects surrounding roller coasters, velocity, gravity, and the correlation to physics.



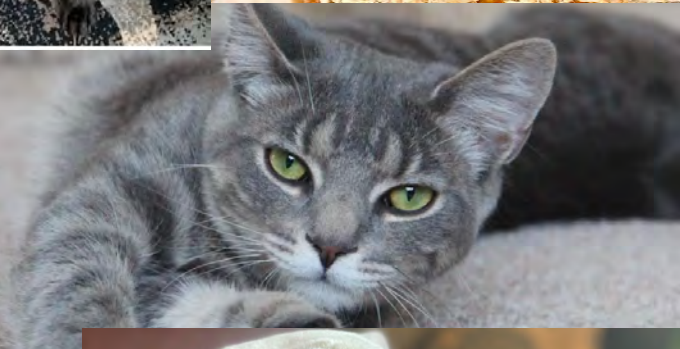
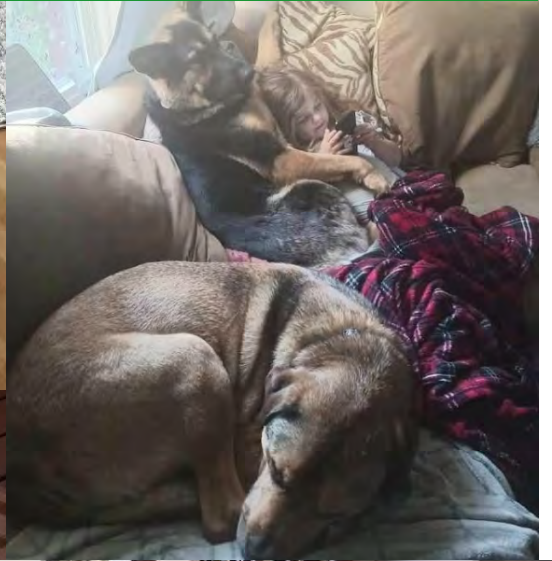
HOWE CAVERNS
Keeping Adventure and Exploration Alive!

The 9th grade Earth Science classes took a trip to Howe Caverns this spring. Students were able to explore through caves, see rock structures, underground channels, and underground rivers. This was a great way to bring the classroom to life outside of school!

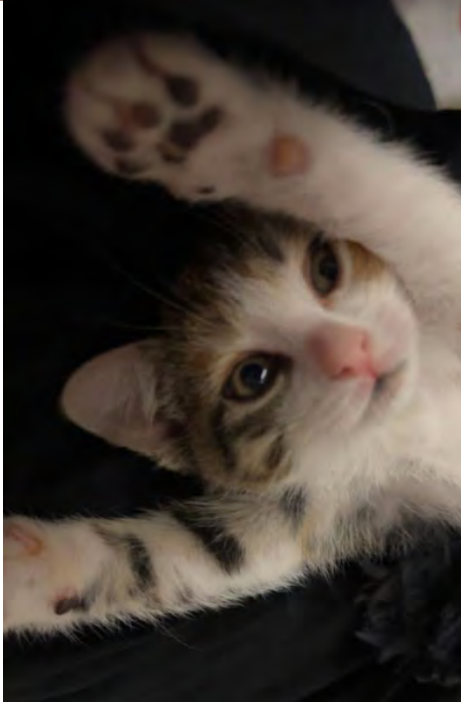
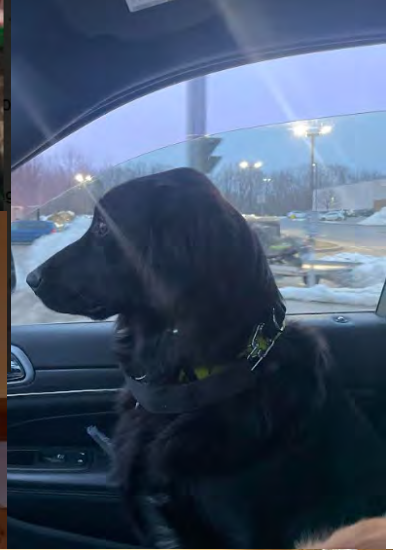
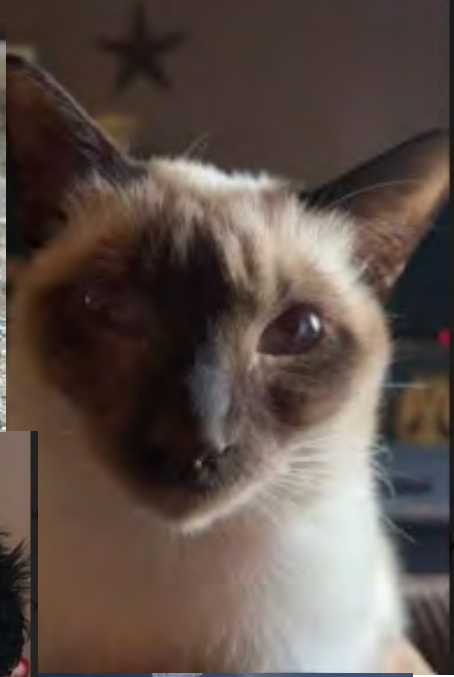
PET PRIDE MONTH... TEACHERS' PETS



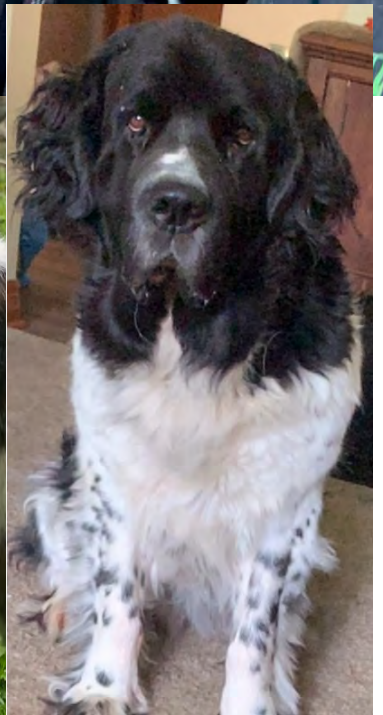
PET PRIDE MONTH... TEACHERS' PETS



STUDENTS' FURRY FRIENDS...



STUDENTS' "FURRY" FRIENDS...



REVIEW

For the Love of Coolmath Games

-Caleb Mathurin



When I was in middle school, I would spend a lot of time during classes on coolmathgames.com. I remember vividly being in Mr. DiCocco's social studies class and getting caught for the first time. But I never stopped playing. For many years, Coolmath Games remained untouched by Schalmont while every other game site fell around it. I would go so far as to say Coolmath Games is the glue holding this community together. Every student in this district has memories of learning about and playing games on the site. It is one of the few things the entire student body can relate to.

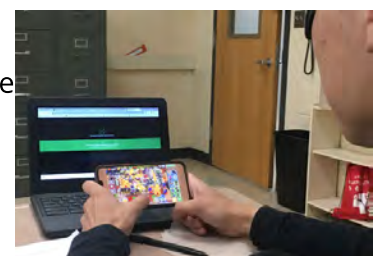
Midway through the 2021-2022 school year, Schalmont did the unthinkable. They blocked Coolmath Games on their Chromebooks. For about a year, dedicated students like myself would struggle to search for a replacement, but nothing felt the same. We were a Coolmath-less society, and we were lost.

In April 2023, on the school bus, I heard the shout of a young boy bearing good news: "Did you guys hear? They unblocked Coolmath Games!" Instantly, every hair on my body stood up. I began interrogating the boy and he confirmed, Coolmath Games was truly unblocked. When I got home, I opened up my Chromebook and saw the site. It was as beautiful as the day we lost it. There were parades in the streets and soon the entire community caught wind and started to get back on the site. It was one of the most glorious times to be alive. People were kinder, the air and water were cleaner. We had a nearly perfect society.

Despite this, some people didn't seem to like how happy we were. They thought we were too happy. They thought our utopia would put them out of power. So what did they do? They shut it down. In May 2023, Schalmont re-blocked Coolmath Games. This was an unprecedented event in Schalmont's history. Never before was something so great taken away, given back to us, and then taken away again. And for what? Coolmath Games never hurt anybody.

In fact, the blocking of Coolmath Games has caused even more games to be played during school. Since its original blocking, students have been finding more distracting alternatives than Coolmath. Mobile games have been on the rise at Schalmont lately. Students get encapsulated in mobile games to the point where they ignore their friends and family just to play their game. Senior Colin Schager, who has recently been addicted to Bloons Tower Defense 6, had this to say: "If Coolmath Games was never banned, I would be able to focus on my school work and my friends instead of my phone." Some administrators may argue that Coolmath poses the same threat as mobile games, but I would rebut the fact that the games on Coolmath Games are much simpler than mobile games of today, so they only require a small fraction of your attention as opposed to modern mobile games, which demand all of your attention.

To conclude, Coolmath Games is just as important of a site to Schalmont as Schoology or Google Docs. Because at the end of the day, it's more than a game website. It's a community. It's a culture. It's a family. As a senior this year, I won't be here much longer to enjoy playing games during school. But I hope Schalmont changes its ways. If they won't do it for me. I hope they do it for our younger students. If Schalmont chooses to keep Coolmath Games blocked, this community will be worse off because of it. I implore higher-ups at Schalmont to take this plea seriously and unblock Coolmath Games and keep it unblocked. With something to think about, this has been Caleb Mathurin. Unblock Coolmath Games... or don't... and see what happens.



Perfect Chocolate Chip Cookies

From: *The Beginners Baking Bible*

Ingredients:

- 3 cups all-purpose flour
- 1 teaspoon baking soda
- ¼ teaspoon baking powder
- 1 teaspoon salt
- 1 cup (2 sticks) unsalted butter, room temperature
- ½ cup granulated sugar
- 1 cup light brown sugar
- 2 large eggs, room temperature
- 1 teaspoon vanilla extract
- 2 cups semisweet chocolate chips



Directions:

1. **Preheat the oven.** Position a rack in the middle of the oven. Preheat the oven to 375°F. Line two baking sheets with parchment paper or silicone baking mats.
2. **Combine the dry ingredients.** In a small bowl, whisk together the flour, baking soda, baking powder, and salt.
3. **Cream the butter and sugars.** In a large bowl, using an electric mixer, cream the butter, granulated sugar, and brown sugar until light and fluffy, about 2 minutes.
4. **Add the eggs and vanilla.** Add the eggs, one at a time, mixing well after each addition. Add the vanilla and mix until just combined.
5. **Add the dry ingredients.** Gradually beat in the flour mixture. Using a rubber spatula, stir in the chocolate chips.
6. **Scoop.** Using a tablespoon, scoop the dough into 1 ½ - inch balls and place them on the baking sheets, leaving about 2 inches between each cookie.
7. **Bake.** Place the baking sheet in the oven on the middle rack and bake for 10 to 12 minutes, or until the cookies are lightly browned on the sides. The centers will look soft. Cool on the baking sheets for 5 minutes. Transfer the cookies to a wire rack to cool completely.

Submitted by Mia Jensen

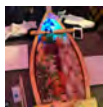


This past weekend, I had the pleasure of dining at a local Japanese restaurant called Akanomi with a group of friends. The moment I stepped into the establishment, I was greeted by a peaceful atmosphere concocted of dim lights and the smiles of patrons thoroughly enjoying their meal. Although I had dined with Akanomi before, I had primarily eaten take-out due to the ease of consumption it provides. The unique ambiance within the restaurant has led me to regret this decision and I will opt for dining in from now on.



For my first course, I chose to get my usual and comfortable choice - miso soup. I consider this to be Akanomi's best starter as it blends a delectable taste into a light package so as to not spoil the remainder of your meal. The bowl was brought out at the perfect temperature resulting in a soothing first course without the need to wait for it to cool down. The included tofu and seaweed added texture to the soup without feeling out of place. It came in an adequate portion size leaving me satisfied with my first course. The soup achieves this excellence at a price point of only \$3.00 making this an easy recommendation to anyone.

As I was finishing my soup, our main entree arrived. As a group, we decided to order and split a boat full of 64 pieces of sushi of different varieties. These included a California Roll, a Salmon Avocado Roll, a Philadelphia Roll, a Shrimp Tempura Roll, a Spicy Tuna Roll, a Rainbow Roll, a Dragon Roll, and a Spider Roll. Apart from one, I greatly enjoyed these rolls with my personal favorite being the Spicy Tuna Roll due to its excellent balance of heat and flavor. However, I can not call this entree perfect as I found the Philadelphia Roll to have an unsavory flavor due to its addition of sour cream. The boat was a fun addition to the meal as it presented the sushi in a nontraditional way. I have included an image of the boat at the bottom.



To finish the night, I ordered the Mango Mochi for dessert. I had never had mochi before, so I was eager to try it. When I first bit into it, I was presented with a texture that I had never experienced before. The outside was a somewhat chewy texture and the inside was a soft ice-cream like custard making for an unconventional dessert. To be candid, it was not my favorite dessert but I would be willing to try different variations in the future.



Reflecting back on my meal, I am met with positive emotions and a worthwhile outlook on my experience as a whole. Although my meal was not without its flaws, they were minor enough that my feelings toward the meal were not tarnished. Akanomi is a fantastic local restaurant that offers a vast variety of great food and a unique atmosphere that allows for any patron to enjoy their experience.

- Aidyn Soehl

AN INTERVIEW WITH MRS. GIBBS

Jamie: Is there something you want to say to the graduating class?

Mrs. Gibbs: I love the graduating class, they are very important. You guys are my first class and hold a special spot in my heart. Be happy wherever you land, be safe, don't be afraid to step outside your comfort zone, and take advantage of opportunities available.

Jamie: What made you want to be a school counselor?

I have known since high school, I liked seeing mine in action. My counselor was very validating of my feelings, I wanted to be like that. I love that I get to watch students grow for 4 years.

Jamie: What's something students don't know about you

Mrs. Gibbs: I think students know a lot about me. I played instruments in high school, I'm allergic to bananas, avocados and pineapples. And I am from Poughkeepsie.

Jamie: What is your go to song?

Mrs. Gibbs: My go to song is September by Earth, Wind and Fire.

Jamie: What is your favorite place to go?

Mrs. Gibbs: I have no single favorite place. I love to visit and be with family and friends outside.

Jamie: What is your daily life like after school?

Mrs. Gibbs: I don't really leave. But I like to go on a nice run, or walk. I bought a house last year, renovations, and I have become a "fixer upper". I love house projects, weekends with friends, and adventures. I also love to hang out with my dog Betty. I'm always with Mr. Gibbs. So Betty and Mr. Gibbs are my best friends.

Jamie: Call Mrs. Gibbs if you need to tile floors.

Jamie: Are you a night or day person

Mrs. Gibbs: I am a day person, I have an 8 pm bedtime.



- Jamie Greene

STUDY TIPS & EXAM SCHEDULE

FIVE Study Tips

From Texas A&M's Academic Success Center



- 1**  **Get enough sleep**
 so that your brain has the opportunity to consolidate new knowledge.
- 2**  **Break study time into small chunks.**
 Space your learning over multiple days.
- 3** **Know Your Body.**
 Study when you are at your **MOST ALERT.**
- 4**  **When reading, turn headings into questions and read paragraph by paragraph for comprehension.**
- 5** **Test yourself**
 frequently when you study, so you can practice retrieving information.

The Study Cycle



Please double check exam times with your teachers!

Schalmont High School Examination Schedule: June 2023

Thursday June 1	Tuesday June 13	Wednesday June 14	Thursday June 15	Friday June 16	Monday June 19	Tuesday June 20	Wednesday June 21	Thursday June 22
8:00 a.m.	8:00 a.m.	8:00 a.m.	8:00 a.m.	8:00 a.m.	No School	8:00 a.m.	8:00 a.m.	8:00 a.m.
<i>US History Regents Exam</i> Gym 2	Earth Science Lab Practical Session 1 Rooms 42/46 Economics Final Gym 2 English 10 Final Gym 1 10:00 a.m. Earth Science Lab Practical Session 2 Rooms 42/46	<i>English Regents Exam</i> Rooms 31/32/34 English 12 Final Gym 1 Global 9 Final Gym 2	<i>Global History Regents Exam</i> Gym 2 English 9 Final Gym 1	<i>Earth Science Regents Exam</i> Gym 2		<i>Geometry Regents Exam</i> Gym 2 Algebra 1 Part 1 Rooms 35/38/39/40	<i>Algebra II Regents Exam</i> Gym 2	<i>Physics Regents Exam</i> Gym 2
	12:00 p.m.	12:00 p.m.	12:00 p.m.	12:00 p.m.		12:00 p.m.	12:00 p.m.	12:00 p.m.
	Spanish 2 Final Gym 2 English 11 Final Gym 1 Earth Science Lab Practical Session 3 Rooms 42/46	<i>Living Environment Regents Exam</i> Gym 2 Earth Science Lab Practical Session 4 Rooms 42/46	<i>Algebra I Regents Exam</i> Gym 2	<i>Chemistry Regents Exam</i> Gym 2		Spanish Check Point B Gym 2		Exam Rating

Universal Admission Deadlines for Regents Exams

Morning Exams: 10:00 am
 Afternoon Exams: 2:00 pm
 Conflict Room: Library

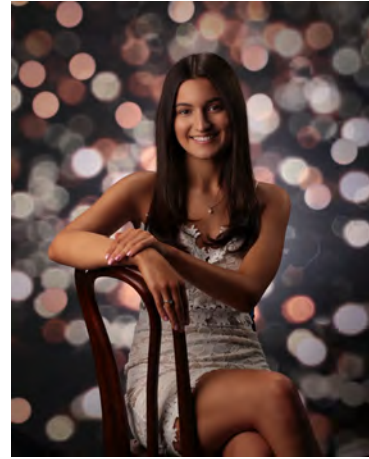
Release Time for Local Exams

All local exams are scheduled for 1.5 hours, unless otherwise requested. Student can be released after 1 hour.

A FAREWELL FROM YOUR EDITORS



My name is Mariana Riccio and I am a graduating senior this year. In the fall, I will be attending Clemson University with a major in sports communications/broadcast journalism. I was honored to be one of your Sabre's Edge editors this school year. I will always be grateful for the opportunities Schalmont has brought to me. I have enjoyed sharing my love for writing in these newspaper issues, and being a voice for the student body and all of the activities, accomplishments, and moments students and staff have endured throughout this year. I would like to thank Ms. Cohen and Ms. Schulman for all their efforts and optimism towards our ideas. I would also like to thank the members of English Honor Society who have helped bring our school newspaper to life. I hope that on your journey through Schalmont you take risks, seek new adventures, be open to new friends, and soak in all of the experiences and moments. Schalmont is lucky to have teachers and administration who work hard to satisfy the student body and give each and every student a positive experience. I would like to thank the English department for providing me with a new ever-ending love for English and writing, It is because of you, I will be majoring in Journalism. To the students reading this, it has been a pleasure providing you with a place to see and learn new things, and about our student affairs. I hope every student finds a new passion, and opportunity that will make their time at Schalmont enjoyable like I did. I wish you all the best of luck with the rest of your high school career and future endeavors. -Mariana Riccio



My name is Kaylie Locke and I am a graduating senior this year. In the fall, I will be attending Marist College majoring in Business Administration with a concentration in Marketing. Additionally, I will be a part of the Honors Program. I would first like to start off by saying how honored I am to have been an editor of the Sabre's Edge newspaper this school year. I truly enjoyed editing each issue and making sure that every students accomplishments and achievements were implemented into each issue. I also loved writing my own pieces and being a voice for the student body. I had a very positive experience as a newspaper editor as it fostered my love for English and writing. Thank you Ms. Cohen and Ms. Schulman for supporting Mariana and I through this whole process. They were always open to all of our new ideas and visions for the paper. I am beyond thankful for them. I would also like to thank the members of the English Honor Society as they have provided us with endless support and helped bring the newspaper alive. I will truly miss Schalmont and all of the wonderful relationships I have created here with both friends and teachers. My advice for younger students is to try new things and step out of your comfort zone as it will lead to on a successful path and provide you with new experiences. Make sure to enjoy every second of your high school experience because it will be gone before you know it! I wish you all the best of luck with the rest of your high school journey. -Kaylie Locke