


JUNE 2023


Schalmont Middle School & Jefferson Elementary




Assorted NYS Milk
Fresh Fruit & Fruit Cups
Served Daily
Menu Subject to Change!

Available Daily-Tuna, Turkey, Ham w/ or without cheese & Cheese Sandwiches on Whole Grain Bread
Chef or Tossed Salad w/Lf Dressing & Whole Grain Dinner Roll & Croutons
Grab n go Bags w/ Uncrustable or Trix Cup w/String Cheese Stick, Cheez its & or Whole Grain Dinner Roll



MONDAY

Menu Subject to Change!
A Note from Food Service!
All -Account balances are due by June 20, 2023

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

Chicken Tenders **5**
Roasted Chick Peas
Cheez Its
Fresh Carrots w/LF Ranch Dip

BBQ Chicken Wrap **6**
Lettuce & Cheese
Carrots
Fresh Veggies w/LF Ranch

Stuffed Crust Pizza **7**
Tossed Salad w/LF Dressing
Tomato Wedges w/LF Dip

Fish Sticks **1**
Tartar Sauce
Seasoned Broccoli
Fresh Veggies w/Ranch Dip

Chicken Patty **2**
on Whole Grain Roll
Green Beans
Fresh Veggies w/Ranch Dip

Jefferson Field Day! **12**
K-3 Grade-Picnic Lunch
4th-8th Grade
Popcorn Chicken w/Corn Bread
Green Beans & Fresh Veggies

Cheese Burger **13**
on Whole Grain Roll
BBQ Beans
Fresh Veggies w/LF Ranch Dip

Flag Day **14**
Asst. Pizza Day
Tossed Salad w/ LF Dressing
Fresh Veggies w/LF Ranch Dip

French Toast Sticks **8**
Sausage Patty
& Syrup Cup
Tater Tots
Fresh Veggies w/LF Ranch Dip

Chicken Taco Salad **9**
Salsa, Cheese, Chips
Sour Cream & Lettuce
Mixed Veggies
Fresh Veggies w/LF Ranch Dip

Juneteenth **19**
No School

Asst. Chicken Day **20**
Cheez Its
Green Beans
Fresh Veggies w/ LF Ranch Dip

Breakfast Only **21**
½ Day
MS-Dismissed 10:10 am
Jefferson-Dismissed 11:30 am

Chicken Patty **15**
on Whole Grain Roll
Cheesy Broccoli
Fresh Veggies w/LF Ranch Dip
4th Grade Kickball Tournament

Toasted Cheese Sandwich **16**
Seasoned Carrots
Fresh Veggies w/LF Ranch Dip

26

27
ENJOY

28
YOUR

29
SUMMER!

30