



# MAY 2025

## Schalmont Middle School & Jefferson Elementary

NYS MILK  
Fresh & Canned Fruit Serve  
Daily Menu Subject to change  
The institution is an equal opportunity provider

### Monday



5  
Chicken Tenders  
BBQ Dipping Sauce  
Whole Grain Goldfish Crackers  
Fiesta Green Beans  
Fresh Carrots w/LF Ranch Dip

12  
Chicken Nuggets  
BBQ Dipping Sauce  
Whole Grain Dinner Roll  
Cheesy Broccoli  
Fresh Carrots w/LF Ranch Dip

19  
Popcorn Chicken  
BBQ Dipping Sauce  
Whole Grain Goldfish Pretzels  
Green Peas  
Fresh Carrots w/LF Ranch Dip

26  
**Memorial Day Recess  
No School**

### Tuesday



6  
Taco Salad  
Turkey Taco Meat, Tostitos Chips  
Salsa & Sour Cream, Cheese Cup  
Fresh Lettuce  
Fresh Celery w/LF Ranch Dip

13  
Cheese Burger or Burger  
on Whole Grain Roll  
Seasoned Potato Wedges  
Fresh Celery w/LF Ranch Dip

20  
Cheese Quesadilla  
Salsa & Sour Cream Cup  
Steamed Carrots  
Fresh Celery w/LF Ranch Dip

27  
Chicken Tenders  
BBQ Dipping Sauce  
Whole Grain Cheez its Crackers  
Buttery Corn  
Fresh Carrots w/LF Ranch Dip

### Wednesday



7  
French Bread Pizza  
or Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

14  
Personal Pan Pizza  
or Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

21  
Asst. Cheese Pizza  
or Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

28  
Homemade Cheese or  
Pepperoni Pizza  
or Gluten Free Pizza  
Tossed Salad w/ LF Italian Dressing  
Tomato Wedges w/LF Ranch Dip

### Thursday

1  
Chicken Patty or Grilled Chicken  
on Whole Grain Roll  
Asst. Fry Day  
Fresh Cukes w/LF Ranch Dip

8  
Hot Dog on  
Whole Grain Roll  
Baked Beans  
Fresh Cuke Coins w/LF Ranch Dip

15  
Buffalo Chicken Wrap  
or Grilled Chicken Wrap  
Cheddar Cheese Cup  
Corn  
Fresh Lettuce, Sliced Tomato  
W/ LF Ranch Cup

22  
Whole Grain Warm Bagel  
Turkey Sausage or Bacon  
Tater Tots  
Cream Cheese Cup or Butter Cup  
Mixed Veggies w/LF Ranch Dip

29  
Mac & Cheese  
Whole Grain Dinner Roll  
Seasoned Mixed Veggies  
Fresh Peppers w/LF Ranch Dip

### Friday

2  
Bosco Sticks  
Marinara Dipping Sauce  
Seasoned Carrots  
Mixed Veggies w/LF Ranch Dip

9  
Mixed Turkey, Ham Sub  
With or Without American Cheese  
Baked Chips  
Pickle Chips  
Mixed Veggies w/LF Ranch Dip

16  
Meatball Sub  
Mozzarella Cheese Cup  
Italian Green Beans  
Mixed Veggies w/LF Ranch Dip

23  
**Memorial Day Recess  
No School**

30  
French Toast Sticks  
Turkey Sausage Patty  
Tater Tots  
Syrup Cup  
Mixed Veggies w/LF Ranch Dip

Available Daily- Tuna, Cheese or Turkey, Ham w/or without Cheese on Whole Grain Bread Grab n go Bags w/ Uncrustable w/String Cheese, Cheez- it's or Whole Grain Dinner Roll (or) Trix Yogurt Cup w/Cheese Stick, Whole Grain Cheez- its & Whole Grain Dinner Roll Chef w/LF Dressing & Whole Grain Roll & Homemade Croutons or GF Tossed Salad & GF Wraps

**Free Breakfast & Lunch Daily!**