

SCHALMONT HIGH SCHOOL

THE SABRE'S EDGE

January 2023

Jamie: What song was playing when you drove into school today?

Dr. Reardon: Billy Joel, "Scenes from an Italian Restaurant." Also my favorite song.

Jamie: What consists of your day after school?

Dr. Reardon: I go home which is a 25 minute drive, so I get to listen to music my entire drive home. When I get home I like to take a long walk with my rescue dog, Skrappie. I then have dinner with my wife and settle in for the night.

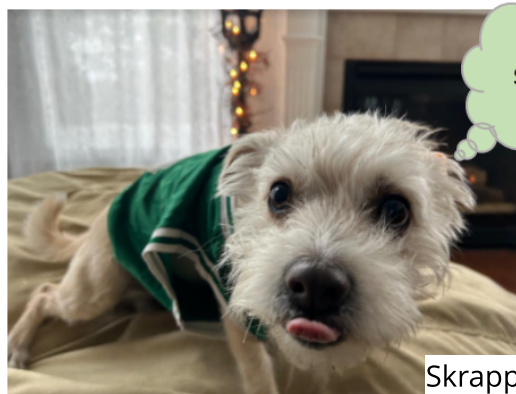
Jamie: What do you want your legacy to be?

Dr. Reardon: I want people to say I was kind, and that I never showed when I was having a bad day. Everyone has bad days but I think it's important to not take it out on others and keep a happy attitude. Always finding and holding on to the good parts of each and every day.

Jamie: What wisdom would you give to the seniors?

Dr. Reardon: If there's one thing I could say right now, it would be "Spoiler alert, it's all gonna be okay in the end." Something I think everyone should keep in mind while going through this college process.

- Jamie Greene



Go
Sabres!!

Skrappie Reardon

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IMPORTANT DATES

January 24-27: Regents and Mid-Term Exams

January 27th- Last day of 2nd quarter

February 20-24: Winter Recess



**SCHALMONT
SABRES**

By Jamie Greene

Jamie: What is something you would like to tell your younger self?

Dr. Reardon: I would tell my younger self to calm down. I held myself to very high standards and pushed myself more than I needed. I would tell myself to stop and look around, enjoy school while I am still here.

Jamie: What do you think your spirit animal is?

Dr. Reardon: I believe that my spirit animal is a fox. Foxes are very misunderstood animals, but they leave things alone and tend not to cause disruption. They are also very crafty and have found their way into many story books.

Jamie: What inspires you?

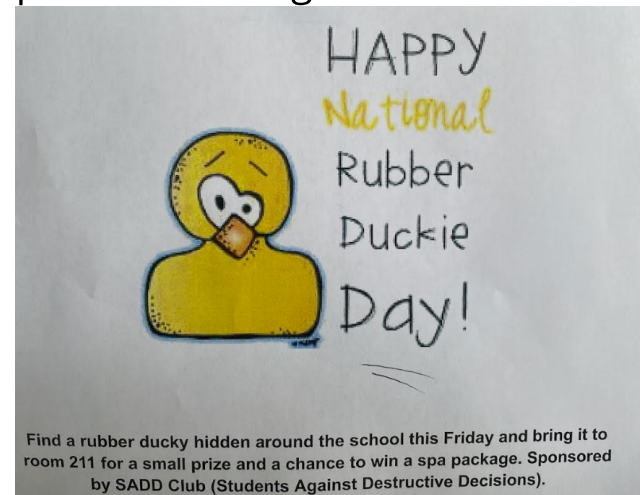
Dr. Reardon: I would say something that “grounds me” is knowing I could never go through high school now. Seeing what students are able to overcome and all that they accomplish inspires me. I know if they can get through everything they have to do then I can get through my day.

Jamie: Do you believe in astrology and do you know your sign?

Dr. Reardon: I am an Aries and I read my horoscope every day. I like to read it so I can control how my day goes. If it tells me to watch out for something, I make sure I take actions to control what I should watch for. Making my day the best day it could possibly be.



SADD Club along with New Choices Prevention sponsored Rubber Ducky Day on January 13th as a part of Mental Health Awareness Month. Rubber duckies were hidden around the school and had positive messages on them. If students found a rubber duck then they could bring it Mrs. DiCocco's room (211) for a prize! Students enjoyed finding ducks around the school and reading the positive messages on them.



CLUB NEWS.....



Concert choir and band goes caroling for the holidays...



Drama Club will be presenting Chicago on March 2nd, 3rd and 4th in the high school auditorium!



SCHALMONT DANCE TEAM COMES TO LIFE:

10 girls from all different dance studios outside of Schalmont have come together to perform at halftime games for our Sabres! Senior, Dina Santabarbara took the initiative to start this new Schalmont program. The district looks forward to seeing more performances to come.

SCHOOL/CLUB NEWS

Schalmont Current Affairs Class:

Current Affairs has always been a student favorite with the multiple activities they take part in throughout the year making the elective not only a valuable learning environment but an opportunity as well.

On December 9th, the Mr. Dolan's Current Affairs class went on the annual NYC Trip. Students explored the 9/11 Museum, Pentagon, Freedom Tower, and Rockefeller Center. The trip brought holiday joy to many and was a fun experience for the class overall that students will always remember.

As well as the NYC Trip, not even a few weeks after Current Affairs Students made a huge impact on the life of others. Throughout the Philanthropy Unit students were raising money outside of school for the Ronald McDonald House. The two classes combined raised over \$6,000. Students went to Sportsman Bowl to bowl for more donations, collected money from families, friends, and teachers, and put time and effort into making the holiday season special to kids who need the most holiday joy this year. The class went shopping for gifts and toys that were on wish lists of children at the house and on December 23rd, the class delivered and watched the children unwrap all of their Christmas wishes! It was an amazing experience that brought the true meaning of holiday spirit to life!

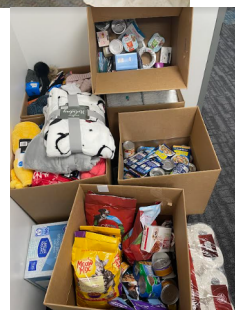


Key Club gives back to the community during the Holiday Season:

Members of the Key Club organized a giving tree and a bingo competition to collect donations to help benefit two organizations in our community: Things of My Very Own and The Schenectady Street Soldiers. The Schenectady Street Soldiers is an organization that provides basic necessities to homeless and less fortunate people. Things of My Very Own provides crisis intervention services to children impacted by extensive abuse. Key Club collected items such as hats, gloves, canned food, blankets, personal care items and toys for families in our local community. Key Club members then sorted these items into specific categories and delivered the donations to the two organizations. Great job to the Key Club for helping to make the holidays a bit brighter!!



Special thanks to our Key Club Officers: Mariana Riccio, Paul Jensen, Kaylie Locke, and Dina Santabarbara.



IN THE CLASSROOM (SPANISH PINATAS)

Students in Spanish 4 got to participate in creating pinatas these past few weeks. Each student worked in groups of 2-5 people, creating ideas for an amazing pinata. Working together students used many different materials, from balloons covered with paper mache, to cardboard and cotton balls. Each pinata is unique and has become special to the students that created them. Students had free range to make whatever they desired and with that 12 different pinatas were born ranging from a gnome all the way to Buzz Lightyear. Congratulations to the Minion for taking the overall win! ~ Jamie Greene



Abigail Sellnow, Brayden Carroll,
Jamie Greene , & Taylor Lastrup



Emily George & Meg Lasher



Kaylie Locke, Dina
Santabarbara, & Delia DiCarlo



Courtney Zieber, Erin Satterlee,
& Sadie Ginnow



Ally Miranda, Michaela Dicocco,
Juliana Parks, & Kiera Garcia



Maddie Quick, Ava Muse,
Aidyn Soehl, & Alexa Little

A RECIPE TO SHARE!



Ryan Shultis, Owen Rowe, & Matthew Stolicker



Alex Stelline



Mariana Riccio, Madison Fiske, Mikaela Frank, & Grace Iovinella



Rachael Lings, Gemma Cozmeno, & Haley Rider



Aaron Coom & John Ryan

They also created advertisements en Español!!



Ad by Abigail Sellnow for the Gnome group.

¡MUY BIEN!



Hope Kasowski & Madeline Holub

Interview with Coach Wasiyo

By: Jamie Greene

Jamie: What song do you believe should play when you walk into a room?

Coach Was: I think when I walk in the room "Anti-hero" by Taylor Swift should play. It is a song I think is really good and one I'd like to hear when I enter the room.



Coach Wasiyo and Jamie Greene

Jamie: Important note: Coach Was does in fact have Taylor tickets.

Jamie: What is the funniest thing that has happened to you?

Coach Was: This past summer, I fell on the beach. Funny at first right, well then as I'm sitting there covered in sand with a busted lip and a dog comes up and licks my face. Funny!

Jamie: If you could change one thing about the education system, what would it be?

Coach Was: I would make it more entertaining, try to make it a place everyone wants to be and not where they are forced to be. Kids should feel welcomed and glad to learn, I would make that possible.

Jamie: Wisdom for seniors?

Coach Was: "No one cares, no one's watching. Do what you need to do."



Jamie: Why is football important to you?

Coach Was: Football has taught me a lot of life lessons. When times got tough football was something I could fall back on and could have something when everything felt wrong.

Jamie: What does team mean to you?

Coach Was: A team is a family. Not everyday will you love them, they will aggravate you and make you want to yell. At the end of the day, you will always be there for them no matter what. Having their back through thick and thin, that is what makes a team.

Jamie: What would students be surprised to know about you?

Coach Was: I play guitar and I also own a clothing company. I feel like a lot of students don't know that about me.

Jamie: What makes it easy for you to get along with students?

Coach Was: I treat students with respect given that they have respect for me. I care more about building a relationship with them before rushing into academics. Once the relationship is established it is much easier for me to get them to do their work.

HOLIDAY SPIRIT



Ryan Delaney



Madison Fiske, Mariana Riccio, Kaylie Locke, Emily George, Dina Santabarbara, Delia DiCarlo, and Grace Iovinella



Mrs. Pierce and Ryan Hungerschafer



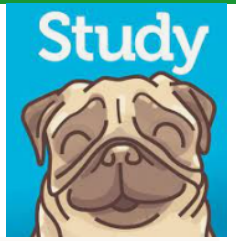
Mrs. Pierce and Señora Riggins



Ms. McConnelee, Ms. Carr, Mrs. Stevens, Mrs. Mattice, & Mr. Libertucci

STUDY TIPS FROM THE CONNECTION ACADEMY

Effective Study Methods and Tips for High School Students



1. Before you study, schedule your time.

Study at a set time. Establishing a study habit is extremely important for developing good study skills. Knowing when you are going to study keeps you from committing to conflicting activities or wasting time deciding when you'll study, getting material together, etc.

2. Learn the tricks for efficient note-taking.

The more comprehensive, legible, and organized your notes are, the easier it will be for you to study them. Notes can increase your recall of important information and can be used to call out important topics or ideas that you need to revisit.



3. Use your study time wisely.

Having set a schedule and your study topic priorities is a good start, but be ready to follow through by maintaining your focus when it's time to crack the books.

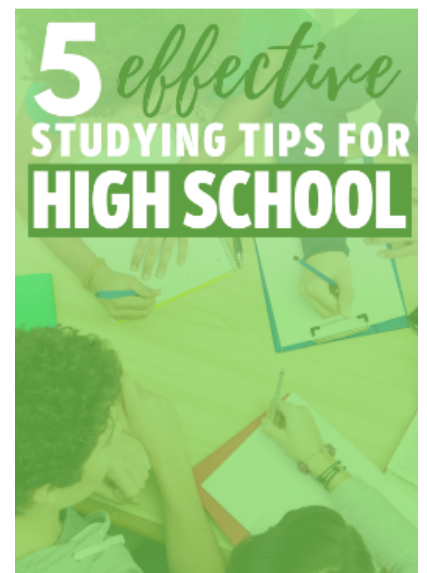
4. Use creative study tools.

If you can add a level of enjoyment or entertainment to your study sessions, you'll be more motivated to get started and to stick to it each night.

5. Keep yourself healthy.

You can't be on your "A" game if you aren't taking care of yourself.

Being tired or hungry or worked up can adversely affect your focus and ability to remember information.



IPHONE 14 REVIEW

The pros and cons on the iPhone 14

The new iPhone 14 was released this fall. Overall the iPhone 14 has very little difference from the iPhone 13. The newer model phone battery lasts longer and the camera is a better. At the Apple Store the iPhone 14 costs \$799 and the 14 plus costs \$899 which is way more expensive than earlier apple products. There are many accessories that go with the phone too. The older accessories don't work with the iPhone 14 like some headphones. The charger that comes with the phone does not come with a charging block but the block is special one which most regular stores don't sell. There are certain cases that will fit the iPhone 14 so other cases are useless. I would buy the phone but I don't think it is worth the money because it is not much different than the older phone model which is \$200 cheaper. Overall, there's nothing all that great about this phone.

Pros

- * The battery lasts all day.
- * Better camera

Cons

- * Not much different than earlier Apple products
- * Cameras are easy to break
- * More money
- * New to buy new accessories

~ Olivia "Pickles" Cervera



MIDTERM SCHEDULE

Schalmont High School Examination Schedule: January 2023

Tuesday January 24	Wednesday January 25	Thursday January 26	Friday January 27
8:00 a.m.	8:00 a.m.	8:00am	8:00am
English Language Arts RE - Gym 2 Algebra II H MT - 1 room Human Biology MT - 1 room English 9 MT - 6 rooms	Geometry RE - 1 room Algebra II MT - 2 rooms Algebra II w/ lab - 1 room Earth Science MT - Gym 2 10:00 a.m. Spanish 2 MT - Gym 2 Chemistry H MT - 2 rooms Economics MT - 6 Rooms	Global History and Geography RE - 1 rm Earth Science RE Lab Practical - 1 room Global Studies 9 MT - Gym 2 Algebra I Part II MT - 1 room US History MT - 5 rooms 10:00 a.m. Geometry/Geometry w/Lab MT - 4 rooms	Earth Science RE - 1 room Living Environment MT - Gym 2 AP US History MT - 1 room Algebra I MT - 3 rooms Algebra I w/Lab MT - 2 rooms
12:00 p.m.	12:00 p.m.	12:00 p.m.	12:00 p.m.
Living Environment RE - 1 Global 10 MT - Gym 2 Chemistry MT - 3 rooms Pre-Calculus MT - 2 rooms	Algebra I RE - 1 room Spanish 3 MT - Gym 2 Geometry H MT - 1 room Topics in Geometry MT - 2 rooms	English 10 MT - Gym 2 English 10H MT - Gym 2 Physics MT - 3 rooms Statistics MT - 1 room	

Universal Admission Deadlines for Regents Exams

Morning Exams: 10:00 am
Afternoon Exams: 2:00 pm
Conflict Room: 103

Release Time for Local Exams

All local exams are scheduled for 1.5 hours, unless otherwise requested
Students can be released after 1 hour

