



**Assorted NYS Milk & Fresh & Canned Fruit
Served Daily**



**Available Daily –Sabre Wrap Bar, PBJ Uncrustable Sandwich
Cheeseburger & Hamburger on WG Roll, Fruit Parfait
Cheese Pizza, Chicken Patty on WG Roll, Chef or Tossed Salad**

MONDAY

2

No School

TUESDAY

3

Chicken Tender with Dipping Sauce
Whole Grain Cheez Its
Cheesy Broccoli
Fresh Carrots w/LF Ranch Dip

WEDNESDAY

4

Homemade Cheese Pizza
Fresh Cucumber Salad w/LF Dressing
Tomato Wedges w/LF Ranch Dip

THURSDAY

5

Hot Dog on Whole Grain Roll
BBQ Beans
Fresh Cuke's w/LF Ranch Dip

FRIDAY

6

Chicken & Cheese Quesadilla
Mex Corn
Fresh Mixed Veggies w/LF Ranch Dip

9

Chicken Nuggets with Dipping Sauce
Whole Grain Dinner Roll
Fresh Carrots w/LF Ranch Dip

10

Taco Salad
Lettuce, Cheese & Salsa Cup
Sour Cream
Corn & Black Beans Salad
Fresh Peppers w/LF Ranch Dip

11

Big Daddy's Cheese Pizza
Tossed Salad w/LF Dressing
Tomato Wedges w/LF Ranch Dip

12

Mac & Cheese with Corn Bread or
Whole Grain Dinner Roll
Steamed Broccoli
Fresh Celery w/Ranch Dip

13

Chicken Patty on Whole Grain Roll
French Fries
Fresh Mixed Veggies w/LF Ranch Dip

16

**Martin Luther King Jr. Day
No School**

17

Chicken Tender with Dipping Sauce
Whole Grain Cheez Its
Italian Style Green Beans
Fresh Carrots w/LF Ranch Dip

18

Stuffed Crust Cheese Pizza
Fresh Cucumber Salad w/LF Dressing
Tomato Wedges w/LF Ranch Dip

19

BBQ Pulled Pork on Whole Grain Roll
Corn
Fresh Pepper w/LF Ranch Dip

20

French Toast Sticks with Syrup Cup
Tater Tots & Sausage Patty
Fresh Mixed Veggies w/LF Ranch Dip

23

Chicken Nuggets with Dipping Sauce
Whole Grain Dinner Roll
Cinnamon Glaze Carrots
Mixed Fresh Veggies w/Ranch

24

**High School Mid-Term
Regents Exams
Breakfast & Lunch Served**

25

**High School Mid-Term
Regents Exams
Breakfast & Lunch Served**

26

**High School Mid-Term
Regents Exams
Breakfast & Lunch Served**

27

**High School Mid-Term
Regents Exams
Breakfast & Lunch Served**

30

Chicken Tenders with Dipping Sauce
Whole Grain Cheez Its
Green Beans & Fresh Carrots w/LF Ranch Dip

31

Fish Sticks with Tartar Sauce
French Fries
Fresh Celery w/LF Ranch Dip

