

SCHALMONT HIGH SCHOOL

THE SABRE'S EDGE

Fall 2022



A REFLECTION ON THE COLLEGE PROCESS

Initially before going through the college essay process, I had expected a tedious undertaking. But as I went through the steps of writing it, portraying my thoughts and experiences on the paper shockingly was an effortless task. I learned that this assignment that I had weighing over me was not as nerve-wracking as I thought it would be. I was under the assumption that this one piece of my writing would make or break my college acceptances, but I soon realized that it was in my hands, and my chance to show my individuality.

Growing up as the youngest in my family, I watched my older siblings and cousins go through the same process before college. The stress, anxiousness, worry, not knowing where they would end up, and how compelling their essay was going to be. I had grown up with this conscious thought that it had to be the most important thing I had ever written, and was going to be the key to getting into the college of my choice. I vividly remember sitting in my twelfth grade English class, closely analyzing every word Ms. Cohen had said to make sure I had the information I needed to start my writing. It was in that moment when she had said to me

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IMPORTANT DATES

November 28-December 19:
Key Club Giving Tree

December 5-16: Key Club Food Drive

December 6: American Red Cross Blood Drive

December 19: High School Winter Concert @ 7

A REFLECTION ON THE COLLEGE

(continued from p. 1)

and my peers that your essay was your story, your experience, and your chance to make the person who is reading it in the end remember you. From that moment my mindset changed, and every troubling thought I had left my head. I remembered a moment in my life that affected me more than anything else I have gone through, and then I just started writing.

With every word that went on the paper I could feel my worries slipping away. I wrote my essay about something important that I value, and what I want to contribute to the world. I wrote about what my dreams and aspirations are, but in my opinion was able to convey personal struggles and what I did to overcome them. I did not quite realize it until I was done with the paper, but I came to the understanding that I had personalized it without knowing I did so.

Beforehand, I felt like I should be following a template, and try to show who you are, and why you are not like everybody else. The most important thing I took away from the process was that it is all in your control. The concept of the essay seems frightening, but in the end I learned that it is your chance to show your unique qualities as a person, and there is no right or wrong. It is what you want it to be about, and your chance to portray yourself in a way that your resume and transcript can not.

~ Lauren Dearstyne



TRIVIA!

How good is your general knowledge?

Email answers to aschulman@schalmont.net. Winner will receive a Stewart's gift card! Answers will be given in the next article!

1. Which president made Thanksgiving a permanent national holiday?
2. What is the only U.S. state whose name ends with three consecutive vowels?
3. What is the longest above-water mountain range?
4. How many bones does a shark have?
5. How many total time zones are there in the world?
6. What was the first state?
7. Who did the U.S. buy Florida from?
8. What year was the first model of the iPhone released?
9. What is the name of the world's longest river?
10. What countries made up the original Axis powers in World War II?
11. Who was the first woman to win a Nobel Prize (in 1903)?
12. What country touches the Indian Ocean, the Arabian Sea, and the Bay of Bengal?
13. Pure water has a pH level of around?
14. How many hearts does an octopus have?
15. The Statue of Liberty was given to the US by which country?
16. What part of the atom has no electric charge?
17. Who was the first woman to fly solo across the Atlantic Ocean?
18. Anne Hathaway was the wife of which famous writer?
19. When was the Chromebook introduced?
20. Who wrote "To Kill a Mockingbird"?

The winner will be selected based on the order received & the most correct answers

Why Safe Driving is Important

Every 16 minutes a life is lost due to a car crash. It is crucial that safe driving occurs as soon as one sits behind the wheel.

According to The National Highway Traffic Administration (NHTSA), every minute of the day a car accident occurs. Even though not all of these accidents are fatal this statistic is still too high to ignore. It is important to stress how crucial it is for individuals behind the wheel to avoid distracted driving. Distracted driving can be anything from eating while driving to being intoxicated behind the wheel. According to the New York State Department of Motor Vehicles (DMV), there are many methods an individual can follow to engage in safe driving. For example, the DMV states that you should always wear your seat belt, try not to drive at dusk or dawn when you cannot see as well, and never drive after the consumption of alcohol or drugs, and also read the labels on over-the-counter medications - these medications can also affect your ability to drive.

It is important to take away that even though car accidents happen throughout all ages and most people think they know how to drive safely it is still important to follow the same precautions. Especially as younger individuals are finally getting their license, with motor vehicle crashes being the second leading cause of death in the United States, according to the Center for Disease Control and Prevention, it is very beneficial for the new drivers to know how to drive safely on the roads.

-Kirsten Moran



CLUB NEWS- THE CLUB FAIR GOES VIRTUAL FOR THE 1ST TIME!

The club fair video will be available on Schoology, social media, and on the school's website.

The video will be available for the rest of the school year.

Advisors , Mr. Goebel and Mr. Houlihan decided to hold a virtual club fair as an alternative to after school or during lunch. They felt students and parents would get more value out of a virtual experience. Please let us know what you think after viewing!

Interested in sharing your voice? Working for Sabre's Edge is the place to do just that...

Why Work for The Sabre's Edge?

- ★ It's the student newspaper so it's a chance to have your voice heard!
- ★ You can write, photograph, edit, publish, and/or submit artwork to be involved!
- ★ You can make new friends while building your resume!
- ★ You can learn valuable skills such as writing, time management, responsibility, and people skills!
- ★ It's a fun way to get involved at school!



This picture was taken at the craft fair held in early November sponsored by the Junior & Senior Class with the assistance of Mrs. Falcone



Here is the current list of clubs and activities available. Please join !

STUDENT COUNCIL- Mr. Gibbs

2023 Class Advisors- Mrs. Gibbs and Mrs. Williams

2024 Class Advisors- Mrs. Keefer and Ms. Brindisi

2025 Class Adviors- Ms. Brown and Mr. Little

2026 Class Advisors- Mr. Houlihan and Mr. Goebel

Club and Extracurricular Activities:

Marching Band Director- TBD

Yearbook Club- Mrs. Amoroso and Mrs. Frederick

Schalmont Newspaper- Ms. Cohen and Ms. Schulman

Pep Club- Mrs. Minehardt-Quick

Key Club- Ms. Carr

International Club- Ms. Carr

Environmental Club- Mr. Labuda

Ski Club- Mr. Labuda and Mr. Little

SADD/No Place for Hate- Mrs. DiCocco

Science Club River Watch- Mr. Labuda

Masterminds- Mr. Williamson

Fusion G.S.A.- Ms. Remis

T.I.G.E.R.S. Christian Club- Mrs. McKeon

Drama Club- Mrs. Hillier

Diversify Our Narrative- Mrs. Gibbs, Mrs. Williams, Mrs. Pris

New Sabre Program- Mrs. Gibbs

Hiking Club- Ms. Tetlak, Mrs. Pris, Ms. Remis, Mrs. Keefer

Dancing Club- Ms. Demeo

National Honor Societies:

National Art Honor Society- Mrs. Mulkerrin

N.Y.S. Science Honor Society- Mrs. Pris

Tri M Music Honor Society- Ms. Tetlak and Mr. Christy

English Honor Society- Ms. Cohen

National Honor Society- Mrs. Farry

EDITORIAL

Prenatal Enslavement

By Courtney Zieber

Their hair dirtied
Their souls shattered
Whatever you've said to them doesn't matter

Their life is over
Their womb still sober
Their child unwillingly forced to grow older



According to an article on The Bill of Health led by Harvard, “Studies of health outcomes for people who seek abortions but are denied them find that they are far more likely than average to experience disability or death as a result — probably because their health and lives were already on the edge, and they were more likely to be experiencing poverty and ill-health.”

According to The National Library of Medicine, “unintended pregnancy is more common among unmarried women and women at either end of the reproductive age span.”

Summary: My poem is about what a person would go through if they were forced to give birth unwillingly but still did what they were expected of in order to allow the fetus to develop correctly. Even though they are suffering they suffer for the unwanted benefit of the fetus.

A RECIPE TO SHARE!

Looking for a fun Thanksgiving Cookie Recipe? You found it!!

Turkey Cookies Recipe



Ingredients:

- 2/3 cup unsalted butter, softened
- 3/4 cup granulated sugar
- 1/2 teaspoon vanilla extract
- 1 large egg
- 4 teaspoons milk
- 2 cups all-purpose flour
- 1 1/2 teaspoons baking powder
- 1/4 teaspoon salt

For the Decoration:

- 1/4 cup vanilla frosting
- Orange food coloring, as needed
- 12 miniature peanut butter cups
- 80 pieces candy corn
- 24 piece candy eyes
- 1 roll fruit leather, cut into small strips



Directions:

1. Gather ingredients and preheat the oven to 375 F. Beat the butter and sugar together in the bowl and mix until thoroughly combined.
2. Next, beat in the eggs and vanilla extract until fluffy then proceed to mixing in the milk.
3. Whisk together the dry ingredients in a separate bowl and add them to the other mixture. Blend together until all of the dry ingredients are incorporated.
4. Form the dough into golf-sized balls. Place them on a parchment-lined baking sheet. Bake in the oven for about 8 minutes.

Remove them from the oven and flatten the tops with a drinking glass with a circle bottom immediately after taking them out of the oven.



Decorating the Cookies:

1. Gather ingredients and stir the food coloring into the frosting until desired color is reached. Place the frosting in a plastic bag and cut off the corner to create a small hole.
2. Add a small amount of frosting to the back of the peanut butter cup. Place it on the center of the cookie. Repeat with all cookies.
3. Squeeze a small amount of frosting onto the back of a candy corn. Place it above the peanut butter cup so that the white point is touching it, repeat until you have 5 candy corns above the peanut butter cup and it looks like a bunch of feathers.
4. Cut the candy corn and use the orange part for the turkey's "beak". Place it in the center of the peanut butter cup. Place edible candy eyes above it and roll the strips of fruit candy to create the waddle. Add tiny feet underneath the peanut butter cup using your frosting.

- Dina Santabarbara

**After the final step, your cookies are done and ready to be eaten!
Share with friends and family and, most importantly, have fun :)**

Girls Varsity Tennis goes to Sectionals!



On October 18, Veronica Alteri, Delia DiCarlo, Kierra Schager and Bianca Melillo (all seniors this year) were bundled up to participate in women's tennis sectionals for Section 2 at Central Park in Schenectady. Other team members came along for the day to support those participating. Ranked number 5 in the section, senior and captain Veronica Alteri states "Sectionals was a great experience, I got to play some great opponents and had strong support from my team and my coach. Overall it was a fun and competitive time especially getting to see my friends from other schools compete." Many of the girls on the tennis team will agree that this tennis season was full of learning new things and enjoying doing so. Congratulations to all the participants and good luck to all in the future, especially 7th grader, Lydia DiCarlo.

Photo from Left to Right top row: Bianca Melillo, Allie Brandon, Sarah DeRossi, Delia DiCarlo, Veronica Alteri. Bottom row: Kierra Schager, Lydia DiCarlo, Sadie Ginnow. Missing from photo: Mariana Riccio

-Bianca Melillo

Schalmont Drama Club Performs Comedy "Clue"



The Schalmont Drama Club worked extremely hard throughout the fall. Their work finally paid off with their performance of the comedy "Clue". Schalmont students were able to get a sneak peak of the play during previews on November 2nd, and the play ran from Thursday Nov. 3rd to Saturday Nov. 5th. Great job to all cast members, and Schalmont looks forward to all they will continue to do this year. Be sure to look out for spring musical.

Auditions for the play Chicago will be held Monday November 21st and Tuesday November 22nd. If you are interested see Mrs. McCloskey-Hillier or Mrs. Mallozi!

-Mariana Riccio

Class Outside of the Classroom

- **Golub Field trip with Mr. Knagg's Economics class**

On November 15th 2022, Mr. Knagg's Economic classes were given the opportunity to take a trip to the Price Chopper Golub facility. This facility is the distribution center for Price Chopper and is located down the road from Schalmont school district. Each class took a bus during their class period and traveled to this center where we got to spend two class periods looking at and understanding this facility. During our time there we got to speak to some of the managers and we also got to see the process of distribution within the center. In economics class some of the topics we have just began focusing on is productivity and along with that we have also been focusing on supply and demand the distribution of goods and services. While visiting the distribution center, we were able to see an example of these three topics in the real world. Although this trip was short and simple, it allowed students to see a true example of economics in the real world rather than just through the computer and explanations. It gave us a chance to learn from outside the classroom and not from a desk. -Madison Fiske

- **The Capital field trip with Mrs. Ryder's government class**

On October 28th 2022, Mrs. Ryder's government classes were given the opportunity to take a trip to The Capital, which is located in the heart of Albany. This field trip allowed students to explore a true governmental building that is so close to home. The class received a tour and was able to learn about the historic architecture of the building. Along with the tour, students got to experience the fall Halloween tour. They were told ghost stories and secret hidden messages within the building. Besides exploring this extravagant building and getting lunch at the Capital's food court, they also had time to speak to Assemblyman Angelo Santabarbara. They got to know more about him and what he does for the community. This field trip allowed students to learn out of the classroom and understand more about the government building that is right next door. -Grace Iovinella



Schalmont seniors
visit the N.Y.S.
Capitol



Senior Government Students Draw Political Cartoons Addressing Societal Issues



Submit your work to the Sabre's Edge!!

Political cartoons, editorials, book and movie reviews, recipes, sports write ups and any school related photos. Be creative and potentially get bonus points for your classes. Being published looks great on a resume!!

Any work can be submitted to Ms. Cohen (hcohen@schalmont.net) or Ms. Schulman (aschulman@schalmont.net)

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