

Schalmont High School
May 2019

Wednesday, May 1

Personal Pan Pizza
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, May 2

Buffalo Chicken Sandwich w/Lettuce & Tomato or
Fish Sandwich w/Homemade Tarter Sauce
Fresh Broccoli w/LF Ranch & Steamed Carrots

Friday, May 3

2-Taco's w/Lettuce, Cheese, Salsa, Sour Cream & Jalapenos
Fresh Veggies w/LF Ranch & Refried Beans w/Cheese

Monday, May 6

Popcorn Chicken w/BBQ Sauce or
Cheese Quesadilla w/Salsa & Sour Cream
Fresh Carrots w/LF Ranch & Corn

Tuesday, May 7

French Toast Sticks w/Sausage & Syrup
Cucumber Slices w/LF Ranch & Tater Tots

Wednesday, May 8

Pizza & Wing Day!!!
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, May 9

Chicken Parm Dinner w/Ziti, Green Beans & Garlic Bread Stick
Toss Salad

Friday, May 10

Philly Steak Sandwich w/Peppers, Onions & Cheese or
Bacon Cheeseburger w/Lettuce, Tomato, Onions & Pickles
Fresh Veggies w/LF Ranch & Steamed Broccoli

Monday, May 13

Chicken Nuggets w/BBQ Sauce or
Fish Sandwich w/Homemade Tarter Sauce
Fresh Carrots w/LF Ranch & Corn

Tuesday, May 14

Bosco Sticks w/Marinara Sauce
Cucumber Slices w/LF Ranch & Garlic Green Beans

Wednesday, May 15

Pizza w/Assorted Toppings
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, May 16

Meatball Sub w/Cheese or

Cowboy Burger w/Sauteed Onions, BBQ Sauce & Cheese
Fresh Broccoli w/LF Ranch & Onion Rings

Friday, May 17

French Fry Boat w/Meat & Cheese
2-Hot Dogs w/Meat Sauce, Cheese & Onions
Fresh Veggies w/LF Ranch & French Fries

Monday, May 20

Chicken Tenders w/BBQ Sauce
Fresh Carrots w/LF Ranch & Corn

Tuesday, May 21

Mozzarella Sticks w/Marinara Sauce or
Cheeseburger w/Lettuce, Tomato, Onions & Pickles
Cucumber Slices w/LF Ranch & Steamed Broccoli

Wednesday, May 22

French Bread Pizza
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, May 23

Fiesta Chicken Bowl w/Black Beans, Corn, Lettuce, Tomato, Sour Cream, Salsa, Jalapenos, Refried Beans & Cilantro Rice

Friday, May 24

No School Today

Monday, May 27

No School Today – Memorial Day Holiday

Tuesday, May 28

Popcorn Chicken w/BBQ Sauce
Fresh Carrots w/LF Ranch & Corn

Wednesday, May 29

Personal Pan Pizza w/Assorted Toppings
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, May 30

French Toast Sticks w/Sausage & Syrup
Fresh Broccoli w/LF Ranch & Tater Tots

Friday, May 31

Make your own Burrito Day!!!
Beef or Chicken, Lettuce, Tomato, Refried Beans, Cheese, Salsa, Sour Cream & Jalapenos