

January 2018 Schalmont High School Menu
Tuesday, January 2

Chicken Tenders w/Homemade Dipping Sauce or Bacon Cheese Burger w/Lettuce, Tomato, Onion & Pickles
Fresh Carrots w/LF Ranch & Garlic Green Beans

Wednesday, January 3

Assorted Homemade Pizzas
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, January 4

Pancakes w/Sausage & Syrup or
Corn Dog
Fresh Celery w/LF Ranch & Tater Tots

Friday, January 5

Ham & Cheese on a Bagel or
Meatball Sub w/Cheese
Assorted Fresh Veggies w/LF Ranch & Corn

Monday, January 8

Popcorn Chicken w/Homemade Dipping Sauce or
2 Nathan Hot Dogs with the Works!!
Fresh Carrots w/LF Ranch & Garlic Green Beans

Tuesday, January 9

Mozzarella Sticks w/Marinara Sauce or
BBQ Chicken Flatbread Pizza
Fresh Celery w/LF Ranch & Steamed Carrots

Wednesday, January 10

Bosco Sticks w/Marinara Sauce
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, January 11

Bacon Cheeseburger w/Lettuce, Tomato, Onion & Pickles or
Fish Patty w/Homemade Tarter Sauce
Fresh Broccoli w/LF Ranch & Corn

Friday, January 12

Baked Potato w/Meatsauce, Sour Cream, Cheese or
Cheese Quesadilla w/Salsa & Sour Cream
Fresh Assorted Veggies w/LF Ranch & Steamed Broccoli

No School Monday, January 15 in recognition of Martin Luther King, Jr.

Tuesday, January 16

Chicken Nuggets w/Homemade Dipping Sauce or
Grilled Buffalo Chicken Sandwich w/Lettuce & Tomato
Fresh Carrots w/LF Ranch & French Fries

Wednesday, January 17

Assorted Personal Pan Pizzas
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, January 18

Chicken Parm Dinner w/Penne Pasta, Seasoned Green Beans, Garlic Breadstick & Garden Salad

Friday, January 19

Chicken Bowl w/Mashed Potatoes, Corn, Gravy & Cheese or
Bacon Cheeseburger w/Lettuce, Tomatoes, Onion & Pickles

Fresh Veggies w/LF Ranch & Mashed Potatoes w/Gravy

Monday, January 22

Thru **Thursday, January 25th**

Regents / Exam Week

Limited menu

Served Daily

Assorted Breakfast Items

Chicken Patty, Cheeseburger,
Pizza, Spicy Chicken Sandwiches,
French Fries and much more

Friday, January 26

French Toast Sticks w/Sausage & Syrup or
Fish Patty w/Homemade Tarter Sauce
Assorted Fresh Veggies w/LF Ranch & Tater Tots

Monday, January 29

Chicken Nuggets w/Homemade Dipping Sauce or
Cheese Quesadilla w/Salsa & Sour Cream
Fresh Carrots w/LF Ranch & BBQ Baked Beans

Tuesday, January 30

Mozzarella Sticks w/Marinara Sauce or
Sloppy Joe
Fresh Celery w/LF Ranch, Corn & French Fries

Wednesday, January 31

Homemade Assorted Pizzas
Fresh Garden Salad w/Homemade Italian Dressing