

Jefferson and Schalmont Middle School December 2017 menu

Friday, December 1

Chicken Patty on WG Roll or BBQ Rib on WG Roll

Side Dishes

Fresh Veggies w/LF Ranch

BBQ Baked Beans

Assorted Canned & Fresh Fruits

Assorted Milk, Juice or Water

Monday, December 4

Popcorn Chicken w/Homemade Dipping Sauce & Goldfish Crackers

Side Dishes

Fresh Carrots w/LF Ranch

Steamed Broccoli

Assorted Canned & Fresh Fruits

Assorted Milk, Juice or Water

Tuesday, December 5

Mozzarella Sticks w/Marinara Sauce or

Hot Dog on WG Roll

Side Dishes

Fresh Celery w/LF Ranch

Rockin' Roasted Chic Peas

Assorted Canned & Fresh Fruits

Assorted Milk, Juice or Water

Wednesday, December 6

Homemade Cheese

Pizza

Side Dishes

Fresh Garden Salad w/LF Italian Dressing & Sliced Tomatoes

Assorted Canned & Fresh Fruits

Assorted Milk, Juice or Water

Thursday, December 7

Taco Salad w/Chicken, Shredded Lettuce, Cheese, Sour Cream & Salsa or Meatball Sub on WG Roll

Side Dishes

Fresh Broccoli w/LF Ranch

Black Bean & Corn Salad

Assorted Canned & Fresh Fruits

Assorted Milk, Juice or Water

Friday, December 8

Ham & Cheese on a Bagel or

Chicken Patty on WG Roll

Side Dishes

Fresh Veggies w/LF Ranch

Steamed Carrots

Assorted Canned & Fresh Fruits

Assorted Milk, Juice or Water

Monday, December 11
Chicken Tenders w/Homemade Dipping Sauce & WG Dinner Roll

Side Dishes

Fresh Carrots w/LF Ranch
Corn
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Tuesday, December 12
Chinese Chicken w/Brown Rice or
Cheeseburger on WG Roll

Side Dishes

Fresh Celery w/LF Ranch
Steamed Broccoli
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Wednesday, December 13

Personal Pan

Pizza

Side Dishes

Fresh Garden Salad w/LF
Italian Dressing & Sliced Tomatoes
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Thursday, December 14
French Toast Sticks w/Sausage & Syrup or

Corn Dog

Side Dishes

Fresh Broccoli w/LF Ranch
Tater Tots
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Friday, December 15
Toasted Cheese Sandwich or
Chicken Patty on WG Roll

Side Dishes

Fresh Veggies w/LF Ranch
Tomato Soup
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Monday, December 18
Chicken Nuggets w/Homemade Dipping Sauce & WG Garlic Breadstick

Side Dishes

Fresh Carrots w/LF Ranch
Corn
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Tuesday, December 19

2 Taco's w/Chicken, Shredded Lettuce, Cheese, Sour Cream & Salsa or
BBQ Rib Sandwich on WG Roll

Side Dishes

Fresh Celery w/LF Ranch
Refried Beans
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Wednesday, December 20

Homemade Cheese

Pizza

Side Dishes

Fresh Garden Salad w/LF
Italian Dressing & Sliced Tomatoes
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Thursday, December 21

Turkey w/ Gravy & WG Dinner Roll or
Chicken Patty on WG Roll

Side Dishes

Fresh Broccoli w/LF Ranch
Mashed Potatoes
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Friday, December 22

Mozzarella Sticks w/Marinara Sauce or
Cheeseburger on WG Roll

Side Dishes

Fresh Veggies w/LF Ranch
Steamed Carrots
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

