

Jefferson Elementary and Schalomont Middle School March 2018

Thursday, March 1

Taco Salad w/Chicken, Lettuce, Cheese, Salsa & Sour Cream or Meatball Sub w/Cheese
Fresh Broccoli w/LF Ranch
Black Bean & Corn Salad
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Friday, March 2

Chicken Patty on WG Roll or Fish Sticks w/Homemade Tarter Sauce
Fresh Veggies w/LF Ranch
Steamed Carrots
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Monday, March 5

Popcorn Chicken w/Homemade Dipping Sauce and Goldfish Crackers
Fresh Carrots w/LF Ranch
Green Beans
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Tuesday, March 6

French Toast Sticks w/Sausage & Syrup or
Pulled Pork on WG Roll
Fresh Celery w/LF Ranch
Tater Tots
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Wednesday, March 7

Garlic French Bread
Pizza
Fresh Garden Salad w/LF Italian Dressing & Sliced Tomatoes
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Thursday, March 8

French Fry Boat w/Meat, Cheese & Sour Cream or
Cheese Quesadilla w/Salsa & Sour Cream
_Fresh Broccoli w/LF Ranch
Corn
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Friday, March 9

Toasted Cheese Sandwich or
Chicken Patty on WG Roll
Fresh Veggies w/LF Ranch
Tomato Soup
Assorted Canned & Fresh Fruits
Assorted Milk, Juice or Water

Monday, March 12

Chicken Tenders w/Homemade Dipping Sauce & WG Dinner Roll

Fresh Carrots w/LF Ranch

BBQ Baked Beans

Assorted Fresh & Canned Fruits

Assorted Milk, Juice or Water

Tuesday, March 13

General Tso Chicken w/Brown Rice or

Cheeseburger on WG Roll

Fresh Celery w/LF Ranch

Steamed Broccoli

Assorted Fresh & Canned Fruits

Assorted Milk, Juice or Water

Wednesday, March 14

Homemade Cheese

Pizza

Fresh Garden Salad w/LF Italian Dressing & Sliced Tomatoes

Assorted Fresh & Canned Fruits

Assorted Milk, Juice or Water

Thursday, March 15

Turkey w/Gravy & WG Dinner Roll or

Hot Dog on WG Roll

Fresh Broccoli w/LF Ranch

Mashed Potatoes w/Gravy

Assorted Fresh & Canned Fruits

Assorted Milk, Juice or Water

Friday, March 16

No School Staff Development Day

Monday, March 19

Chicken Nuggets w/Homemade Dipping Sauce & WG Garlic Bread Stick

Fresh Carrots w/LF Ranch

Corn

Assorted Fresh & Canned Fruits

Assorted Milk, Juice or Water

Tuesday, March 20

Mozzarella Stick w/Marinara Sauce or

Sloppy Joe on WG Roll

Fresh Celery w/LF Ranch

Green Beans

Assorted Fresh & Canned Fruits

Assorted Milk, Juice or Water

Wednesday, March 21

Personal Pan

Pizza

Fresh Garden Salad w/LF Italian Dressing & Sliced Tomatoes
Assorted Fresh & Canned Fruits
Assorted Milk, Juice or Water

Thursday, March 22
Chicken Patty on WG Roll or
Pulled Pork on WG Roll
Fresh Broccoli w/LF Ranch
Steamed Carrots
Assorted Fresh & Canned Fruits
Assorted Milk, Juice or Water

Friday, March 23
Macaroni & Cheese w/WG Dinner Roll or
Cheeseburger on WG Roll
Fresh Veggie w/LF Ranch
Steamed Broccoli
Assorted Fresh & Canned Fruits
Assorted Milk, Juice or Water

Monday, March 26
Popcorn Chicken w/Homemade Dipping Sauce & WG Dinner Roll
Fresh Carrots w/Lf Ranch
Green Beans
Assorted Fresh & Canned Fruits
Assorted Milk, Juice or Water

Tuesday, March 27
2-Taco's w/Chicken, Lettuce, Cheese or
Hot Dog on WG Roll
Fresh Celery w/LF Ranch
Black Bean & Corn Salad
Assorted Fresh & Canned Fruits
Assorted Milk, Juice or Water

Wednesday, March 28
Homemade Cheese
Pizza
Fresh Garden Salad w/LF Italian Dressing & Sliced Tomatoes
Assorted Fresh & Canned Fruits
Assorted Milk, Juice or Water

Thursday, March 29
Pancakes w/Sausage & Syrup or
BBQ Roasted Chicken w/WG Roll
Fresh Broccoli w/LF Ranch
Tater Tots
Assorted Fresh & Canned Fruits
Assorted Milk, Juice or Water

Friday, March 30
No school Today

