

April 2018 Schalmont High School

Monday, April 9

Chicken Tenders w/Homemade Dipping Sauce or
Cheese Quesadilla w/Salsa & Sour Cream
Fresh Carrots w/LF Ranch & Garlic Green Beans

Tuesday, April 10

Mozzarella Sticks w/Marinara Sauce or
Bacon Cheeseburger w/Lettuce, Tomato, Onions & Pickles
Fresh Celery w/LF Ranch & Steamed Carrots

Wednesday, April 11

Personal Pan Pizza's w/Assorted Toppings
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, April 12

Chicken Parm Dinner w/Ziti, Garlic Breadstick and Garden Salad
Fresh Broccoli w/LF Ranch

Friday, April 13

French Toast Sticks w/Sausage & Syrup or
BLT Wrap
Fresh Veggies w/LF Ranch & Tater Tots

Monday, April 16

Chicken Nuggets w/Homemade Dipping Sauce or
Fish Patty w/Homemade Tarter Sauce
Fresh Carrots w/LF Ranch & Steamed Broccoli

Tuesday, April 17

Chicken Bowl w/Mashed Potatoes, Corn, Gravy & Cheese or
Bacon Cheeseburger w/Lettuce, Tomato, Onion & Pickles
Fresh Celery w/LF Ranch & Mashed Potatoes w/Gravy

Wednesday, April 18

Homemade Pizza's with Assorted Toppings
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, April 19

Taco Salad w/Meat, Cheese, Lettuce, Salsa, Sour Cream, Jalapenos & Queso or
Meatball Sub w/Cheese
Fresh Broccoli w/LF Ranch & Black Bean & Corn Salad, Refried Beans w/Cheese

Friday, April 20

Hot Ham & Cheese on a Bagel or
Spicy Chicken Sandwich w/Lettuce, Tomato & Jalapeno Ranch
Fresh Veggies w/LF Ranch & Tater Tots

Monday, April 23

Popcorn Chicken w/Homemade Dipping Sauce or
BBQ Chicken Flatbread
Fresh Carrots w/LF Ranch & Steamed Spinach w/Cheese

Tuesday, April 24

Chicken & Broccoli Alfredo over Penne Pasta or
Cheese Quesadilla w/Salsa & Sour Cream
Fresh Celery w/LF Ranch & Green Peas

Wednesday, April 25

Personal Pan Pizza's w/Assorted Toppings
Fresh Garden Salad w/Homemade Italian Dressing

Thursday, April 26

French Toast w/Sausage & Syrup or
Chicken Caesar Wrap
Fresh Broccoli w/LF Ranch 7 Tater Tots

Friday, April 27

Mozzarella Sticks w/Marinara Sauce or
Sloppy Joe
Fresh Veggies w/LF Ranch & Green Peas

Monday, April 30

Chicken Tenders w/Homemade Dipping Sauce or
Bacon Cheeseburger w/Lettuce, Tomato, Onions & Pickles
Fresh Carrots w/LF Ranch & Corn