



SCHALMONT SCHOOL DISTRICT

BREAKFAST MENU

A Reimbursable Breakfast must include at least three different food items from different categories, fruit and/or juice being required, but no more than four total food items:

1 Grain Food Item

Cereal Bowl w/Graham Cracker pack
Cereal Bar
Toast
4 oz. Yogurt

2 Grain Food Items

Bagel
Mini Waffles
Mini Pancakes
Cinnamon Roll
Egg & Cheese or Sausage & Cheese on WG
English Muffin
Chocolate Chip or Blueberry WG Muffin

3 Combined Food Item

Yogurt Parfait

Offered Daily

Fat Free Chocolate, Fat Free White, Fat Free
Strawberry and 1% Milks
100% Apple, Orange and Grape Juices