



## safeTALK

This three-hour training that prepares you to be a suicide alert helper. You will learn four basic steps to recognize persons with thoughts of suicide and connect them with suicide resources.

With more suicide alert helpers, more people with thoughts of suicide will get connected to the intervention help they want. Suicide alert helpers are part of a suicide-safer community.

safeTALK is for everyone who wants to help prevent suicide.

**Instructor:** Melanie Puerto, Director NYS Office of Mental Health Suicide Prevention Program

**Date:** Tuesday, August 18, 2009

**Time:** 10:00-1:00

**Location:** Middle School Library

**Stipend:** 3 seat time hours