



SCHALMONT YOUTH WRESTLING CAMP

- Start Date: Monday July 5, 2011
- End Date: Friday July 8, 2011
- Description: This camp is designed to meet the needs of the beginning wrestler. We will be covering all the basic stances, positions, and that are important to be able to compete in the sport of wrestling. There will be a balance of time spent on agility training, technique and games. This a good way to get introduced to the sport of wrestling or improve your skills for the winter season
- Registration: All registration forms and payment are due back to
Coach J.P.Hulslander 421-1101 or 355-6110
1 Sabre Drive,
Schenectady, NY 12306
By June 20, 2011
- Place: Schalmont High School Wrestling Room
(Above the old gym)

1 Sabre Drive, Schenectady, NY 12306
- Cost: \$55.00 per wrestler (Includes Building Use & Insurance Fees)

(Checks payable to Schalmont Wrestling)
- Time: Tuesday through Friday 6:00pm -8:00 pm
- Eligibility: Any Schalmont school district residents in grade K-6



SCHALMONT YOUTH WRESTLING

Wrestler's Name _____

Address: _____

Parent/Guardian Name: _____

Phone #: _____

Emergency #: _____

Wrestler's Age: _____ Date of Birth: _____

School: _____

I give _____ permission to participate in the Schalmont Youth Wrestling program, sponsored by the Schalmont Youth Wrestling Club.

I understand and am fully aware of the fact my child will be involved in a Contact Sport. I understand that, even with constant adult supervision, wrestling can cause bodily harm. In the event my child is injured or suffers any short-term or long-term physical harm, I release Schalmont wrestling club, its organizer, instructors, and participants from any and all liabilities now or in the future including but not limited to medical, hospital, paramedic or ambulatory care.

Parent/Guardian Signature: _____

Date: _____